

GreenPath®
Insider's Tip:

Take good care of yourself and the environment – drink plenty of water and choose to use a refillable bottle instead of disposable plastic.

• **Behind the Scenes** – Every day, Yosemite workers are busy working behind the scenes to make use of any organic waste produced from the over 2.4 million meals prepared each year. Yosemite kitchens collect more than 25 tons of discarded vegetable oil annually that gets converted into useable biodiesel fuel. We also sort enough organic waste to divert over 40 percent of our waste from landfills and into useable compost.

• **A Hearty Cup o' Joe!** – In 2012 Yosemite welcomes Peet's Coffee & Tea to restaurants and stores throughout the park. Every cup of Peet's coffee you drink was roasted fresh in the Bay Area in the country's first LEED Gold certified artisan roasting facility. Thirsty for more info? Find it at Peets.com.

Did you know...

- you can get nutritional information for all the food we prepare inside the park?
- when shopping for raw ingredients for the food we prepare we spend at least 60 percent of our money on local, sustainable, and/or organic items in the spring/summer growing months and at least 30 percent in the winter?
- if you have food allergies you'll still be able to eat well in the park? In addition to vegetarian and vegan food we make sure you also have delicious gluten-free and other specialty options in our restaurants and stores.



Lodging Reservations: (801) 559-5021
YosemitePark.com

GreenPath®: A DNC environmental initiative dedicated to help protect Yosemite and its natural environment. GreenPath™ includes an ISO certification

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Eat Well. Play More.
A Guide to Food and Fun in Yosemite

Whether you're looking to splurge on a gourmet feast or throw together a hearty picnic to toss into your backpack, this is your ideal guide to good food and plenty of fun in Yosemite.



Mountain Room Restaurant at Yosemite Lodge at the Falls

Get It Straight From The Source

You might be surprised to find produce and meats from local and sustainable sources while you visit Yosemite. Our restaurants and stores carry a flavorful variety of organic, in-season, sustainable and gluten-free options, many of them from our own "backyard." We encourage you to visit the websites of our sustainability partners on this map to find out more and be inspired to eat well while you're here and when you get home. When you eat well, you can definitely play more!



Tom Willey of T&D Willey Farms

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Insider's Tip:

Help keep the wilderness wild.
Ask our guides about Leave No Trace™!

Sustainability Map of Local Partners

We take extra steps to provide local, organic and humanely-produced food options that won't compromise the environment now or in the future. Our local sustainable partners and suppliers are located within 400 miles of Yosemite National Park.

Lundberg Family Farms
Organic, sustainable grains from Richvale.
Lundberg.com

Cowgirl Creamery
Organic, sustainable, farmstead artisanal cheeses from Point Reyes and Petaluma.
CowgirlCreamery.com

Peet's Coffee & Tea
Sustainable arabica beans straight from the source to LEED Gold certified artisan roasting facility in Alameda.
Peets.com

Fiscalini Cheese
Organic, sustainable, farmstead artisanal cheeses from Modesto.
FiscaliniCheese.com



Artisanal Fiscalini Cheese

Open Space Meats
Grass-fed, free-range, sustainable, beyond organic beef from Mariposa.
OpenSpaceMeats.com

Smith Farms
Organic fresh herbs from Fresno.
SmithsFamilyOrganicFarm.com



California Olive Ranch
Fresh, sustainable California olive oil from Oroville.
CaliforniaOliveRanch.com



California Olive Ranch - Corning Ranch

Diestel Family Turkey Ranch
Free-range, sustainable, antibiotic- & hormone-free turkey from Sonora.
DiestelTurkey.com

T&D Willey Farms
Organic, seasonal, sustainable produce from Madera.
TDWilleyFarms.com

Mary's Chicken
Free-range, antibiotic and hormone-free natural chicken from Sanger.
MarysChickens.com

Good Catch

Since we follow Monterey Bay Aquarium's Seafood Watch program, you can rest assured that the seafood you enjoy at Yosemite is sustainable and from trustworthy sources. All fish options here qualify as "Best Choices" or "Better Alternatives." So go ahead, be a big fish and enjoy our daily catch! If you have a real passion for the sea, visit MontereyBayAquarium.org to download your own list and see how you can help make a difference.



Yosemite Lodge at the Falls Executive Chef Mike Gover

The Nature of Play

Feed your budding naturalist with children's menus full of tasty options at restaurants throughout the park. With choices like fresh fruit instead of fries, kids will get the energy they need to get out there and explore. With your family all fueled up, it's the perfect time to get your little explorers into the wild with our popular kids programs.



Yosemite Mountaineering School



Curry Village Pizza Deck

FOUR-MILE TRAIL. N37 43.966 W119 35.132



Yosemite Dining Guide

🍃 - More than 40% of offerings
🌿 - 10% - 40% of offerings

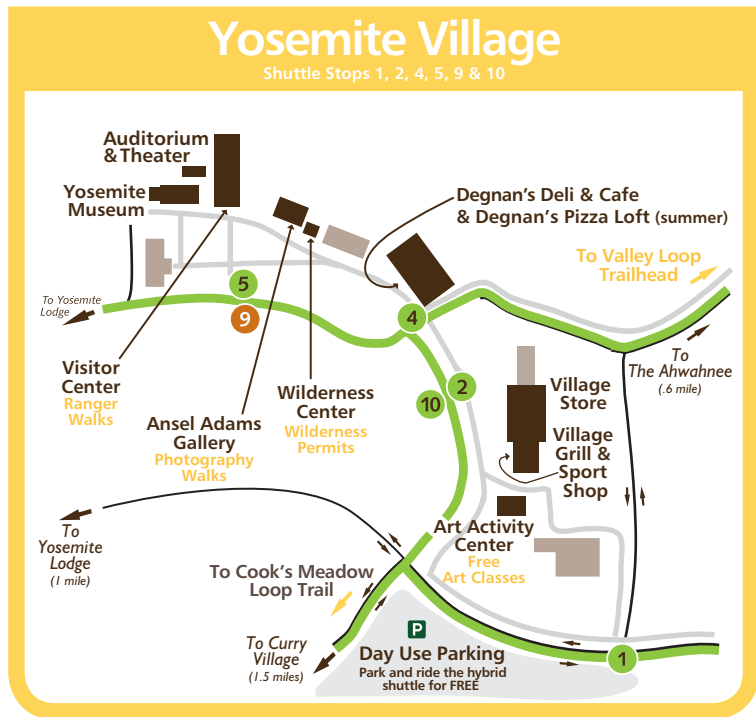
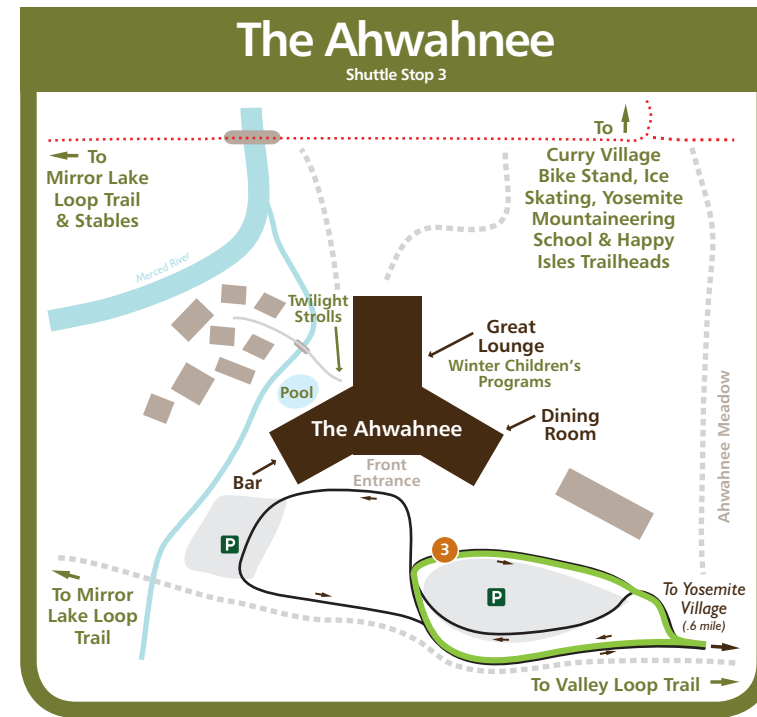
B=Breakfast | L=Lunch | D=Dinner

🌿 Local
🌿 Organic
🌿 Trail Ready
🌿 Vegetarian/Vegan
🌿 Monterey Bay Aquarium Seafood Watch List
🌿 Humanely Produced Meats
\$

Location	Menu	Local	Organic	Trail Ready	Vegetarian/Vegan	Monterey Bay Aquarium Seafood Watch List	Humanely Produced Meats	Price
THE AHWAHNEE								
Ahwahnee Dining Room	B L D	🌿	🌿		🌿	🌿	🌿	\$\$\$
Ahwahnee Bar	B L D	🌿	🌿		🌿		🌿	\$\$
CURRY VILLAGE								
Pizza Parlor/Deck & Bar	L D	🌿			🌿			\$
Pavilion	B D	🌿			🌿			\$
Meadow Deck Grill	L D	🌿		Spring - Fall	🌿	🌿	🌿	\$
Coffee Corner	B L D	🌿	🌿	🌿	🌿			\$
Curry Village Store	Grocery	🌿	🌿	🌿	🌿		🌿	
YOSEMITE LODGE								
Mountain Room Restaurant	D	🌿	🌿		🌿	🌿	🌿	\$\$
Mountain Room Lounge	D	🌿	🌿		🌿	🌿	🌿	\$
Yosemite Lodge Food Court	B L D	🌿	🌿	🌿	🌿	🌿	🌿	\$
Yosemite Lodge Store	Grocery	🌿	🌿	🌿	🌿			
YOSEMITE VILLAGE								
Degnan's Deli	B L	🌿		🌿	🌿			\$
Degnan's Pizza Loft	L D	🌿		Spring - Fall	🌿	🌿		\$
Village Grill	L	🌿		Spring - Fall	🌿		🌿	\$
Village Store	Grocery	🌿	🌿	🌿	🌿		🌿	
WAWONA								
Wawona Dining Room	B L D	🌿	🌿	🌿	🌿	🌿	🌿	\$\$\$
BADGER PASS								
Badger Pass Skier's Grill	B L			Winter Only	🌿	🌿		\$
Snowflake Room Burrito Bar	L			Winter Only		🌿		\$
Snowflake Room Bar				Winter Only				\$
HIGH COUNTRY								
Tuolumne Meadows Lodge	B D	🌿	🌿	Seasonal	🌿	🌿	🌿	\$\$\$
White Wolf Lodge	B D	🌿	🌿	Seasonal	🌿	🌿	🌿	\$\$\$

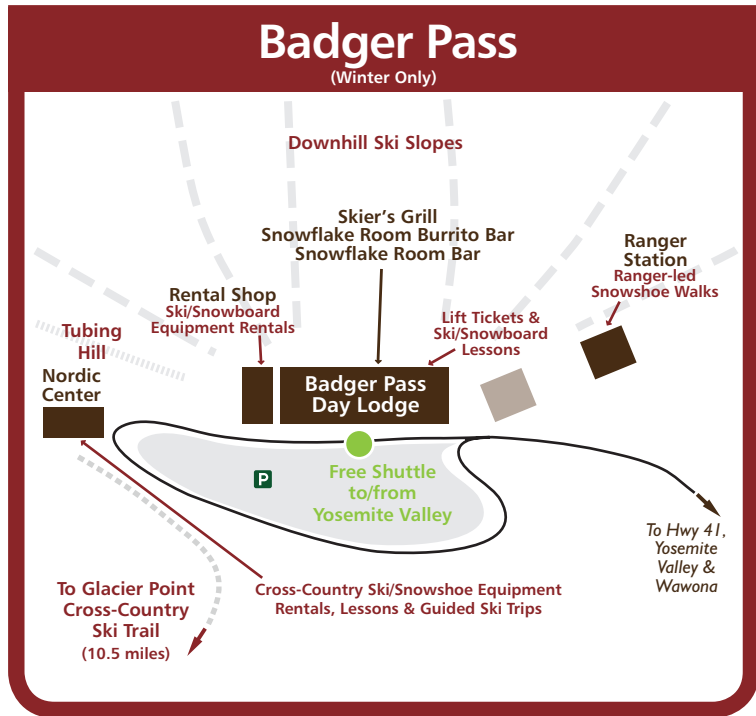
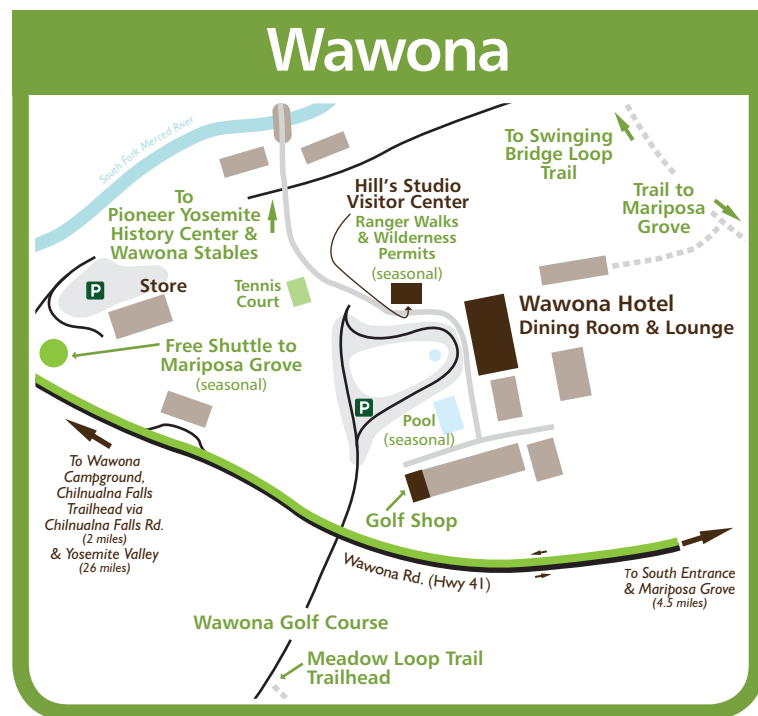
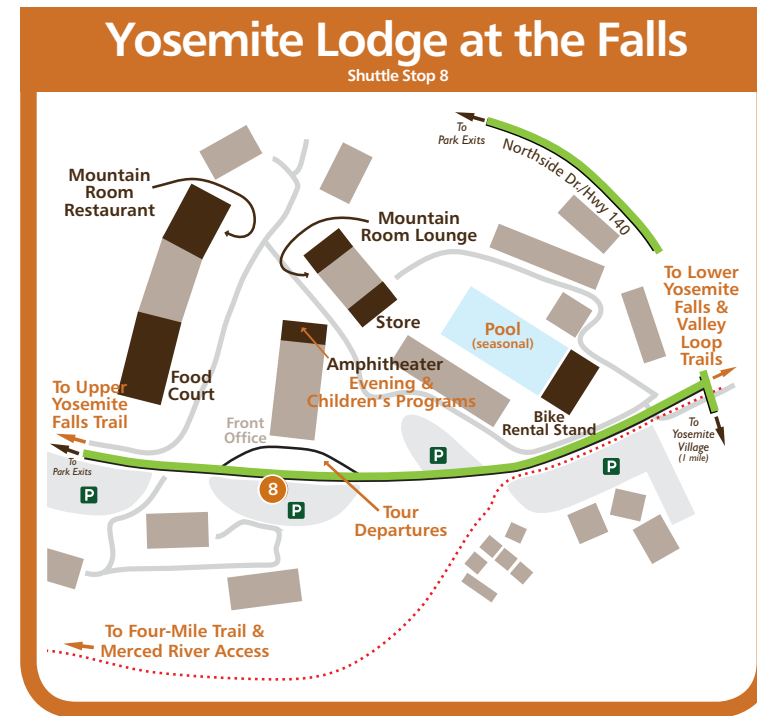
Pre-packaged food and snacks available seasonally at Housekeeping Camp store, Happy Isles trailhead, Wawona Golf Shop, Tuolumne Meadows store and Glacier Point Hut; year-round at Wawona store and Crane Flat gas station.

*Please see the Yosemite Guide for hours of operation. Times vary seasonally.



Key:

- P Parking
- FREE Hybrid Shuttle
- Hiking Trail
- Bike Trail
- # FREE Hybrid Shuttle Stop
- # Stops 3, 8, 9 & 13B are also connections for YARTS and Amtrak



Challenge Yourself!

Put yourself to the test with these Yosemite Challenges!

Challenge	Round-Trip Mileage	Difficulty	Calories Burned
Valley Loop	13.0	**	2,916
Snowshoe Hikes	2.5	**	972
Four-Mile Trail	9.6	***	3,402
Bridalveil Fall	0.5	*	162
Cook's Meadow Loop	1.0	*	243
Panorama Trail	8.5 [†]	***	2,916
Vernal Fall	3.0	** to ***	1,458
Nevada Fall	5.8	***	2,673
Half Dome via Mist Trail	14.0	***	5,346
Rock Climbing	30 minutes	—	448
Biking	30 minutes	—	356
X-Country Ski to Glacier Hut	10.5	**	4,179
Mirror Lake Loop	2.0	*	486
Lower Yosemite Falls	1.0	*	243
Upper Yosemite Falls	7.2	***	3,402
Lap Swim Yosemite Lodge Pool	30 minutes	—	248
Wawona Meadow Loop	3.5	*	972
Swinging Bridge Loop	4.8	*	972
Wawona to Mariposa Grove	6.0	**	1,458
Chilnuana Falls	8.2	***	2,430

[†] One Way to Valley Floor * Easy ** Moderate *** Strenuous

[‡] Based on the combined average of the average male (195 lbs) and average female (165 lbs), 20 years and older, from CDC.gov. Actual calories burned depend on many factors including height, weight and difficulty.

Yosemite Mountaineering School—Climbing & Guided Hikes Yes you can! Whether it's your first time or you're reaching for a new skill level, YMS has a class for you. Daily April - October. (209) 372-8344

Yosemite's Wawona Golf Course was California's first regulation course when it opened in 1918. Today, it's one of the few organic golf courses in the U.S. and is a certified Audubon Cooperative Sanctuary.

For more detailed maps and to make sure you're prepared with the right fuel and gear, please visit the Village Store, Village Sport Shop, Curry Store, Curry Mountain Shop or Lodge Store.