

It's easy to access Lake Tahoe waterfront attractions, historic sites, public beaches, paddle shops, and lakeshore resorts along the Lake Tahoe Water Trail.

Choose from **20 Trailheads** with public launch and landing sites, wayfinding signage, mapped paddle routes, water safety and conservation tips, parking, restrooms, and facilities.



72 miles of pure liquid fun

Lake Tahoe Water Trail



© Rachid Dahnoun / Aramark

**Launch & Landing Sites • Parking
Paddle Routes • Wayfinding Signage
Lodging • Campgrounds
Water Safety Tips • Paddle Shops**

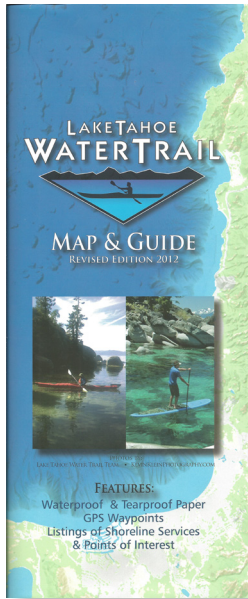
LakeTahoeWaterTrail.org



WATERPROOF MAP & GUIDE

Plan your trip on LakeTahoeWaterTrail.org with our interactive maps, and collectible waterproof Map & Guide. It's the perfect travel companion along with your life jacket, whistle, light, and SUP leash.

- ☐ 26" x 39" 4-color map
- ☐ Latitude/longitude coordinates
- ☐ GPS waypoints
- ☐ Underwater & land topography
- ☐ Shoreline services
- ☐ Points of interest
- ☐ Paddle shops
- ☐ Lodging & campgrounds
- ☐ Water safety tips
- ☐ Emergency contact information



Maps can be purchased at Tahoe paddle shops and locations listed on LakeTahoeWaterTrail.org



WATER TRAIL SPONSORS



Lake Tahoe is Big. Really Big. So are the Conditions. Playing it Safe on Lake Tahoe

Be Aware!

Lake Tahoe water is always cold, even on the hottest day of summer. Be prepared for an emergency.

Weather can change rapidly and create dangerous paddling conditions. Watch weather and marine forecasts and plan your route to be able to get off the water safely and quickly in the event of high waves, rain, snow, or lightning.

- Always wear your life jacket and a SUP leash!
 - A properly fitted USCG-approved life jacket will keep your head above water and increases rescue time.
 - Children 12 years old and younger MUST wear their USCG-approved life jacket at all times.
- Carry a whistle and flashlight, and your cell phone.
- Notify someone of your itinerary. File a float plan.
- Beware of cold water shock and hypothermia.
 - **Cold Water Shock** can cause immediate swim failure, leaving you physically and mentally incapacitated. Enter the water slowly, and control your breath.
 - **Cold Water Immersion** can cause numbness and a loss of mental faculties in less than 3 minutes and leads to hypothermia.
- Pay attention to changing wind and weather conditions. Dress for water temperature and know how to self-rescue.

Be Prepared

Lake Tahoe is a multi-use lake. Motor boaters often have trouble seeing paddlers so make yourself visible! Wear bright colors, carry bright paddles, and always carry a whistle and flashlight so you can alert others.

Know the rules of the road for boats. It is your responsibility to know the federal boating laws and regulations for Nevada and California.

IN CASE OF EMERGENCY, CALL U.S. COAST GUARD AT (530) 583-4433 OR 9-1-1

Leave No Trace

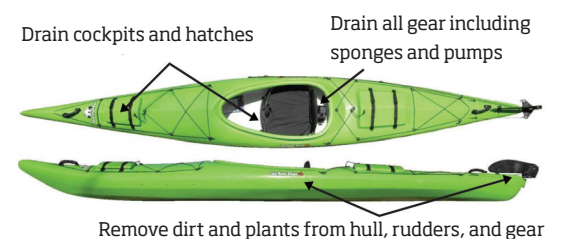
- Pack it in, pack it out. Dispose of waste properly.
- Respect private property. Don't trespass.
- Leave what you find. Don't disturb cultural remains or natural features including plants, trees and rocks.
- Keep wildlife wild! Don't approach or disturb wildlife, including birds.
- Protect Tahoe Yellow Cress. Don't drag your boat or board over fragile shoreline vegetation.
- Camping is allowed only in designated campgrounds.
- Fires are allowed only in designated campgrounds with fire rings and/or pits. Check fire restrictions!

Stop Aquatic Invasive Species

Clean, Drain, and Dry Every Time!

Aquatic invasive species (AIS) contribute to the decline of Lake Tahoe's famous water clarity. Invaders spread through the transport of water and/or debris that can collect in cockpits and hatches, cling to outer hulls, rudders, paddles, life vests, SUP leashes, and gear.

Clean, Drain and Dry your watercraft and gear every time you haul out and move between Tahoe-Truckee area water bodies.



CLEAN kayaks, canoes, paddleboards and all gear with pressurized water, removing all dirt, plants, and other material from your rudder, hull, cockpit, and gear.

DRAIN the water from your hatches, cockpits, boards and gear on land before you leave the immediate area.

DRY your kayak, canoe, paddleboard, and gear before launching.

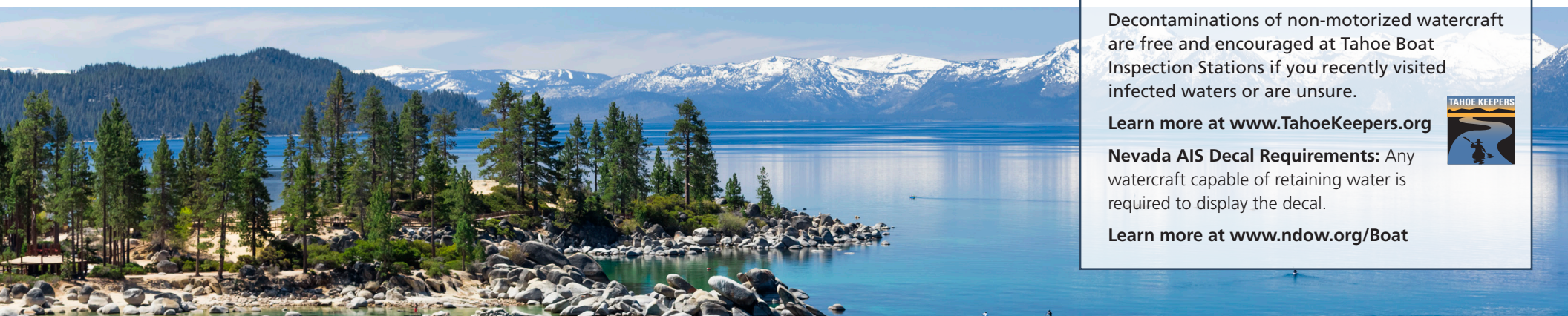
DISPOSE of all dirt, plants, and other material in a trash can or above water line on dry land.

Decontaminations of non-motorized watercraft are free and encouraged at Tahoe Boat Inspection Stations if you recently visited infected waters or are unsure.

Learn more at www.TahoeKeepers.org

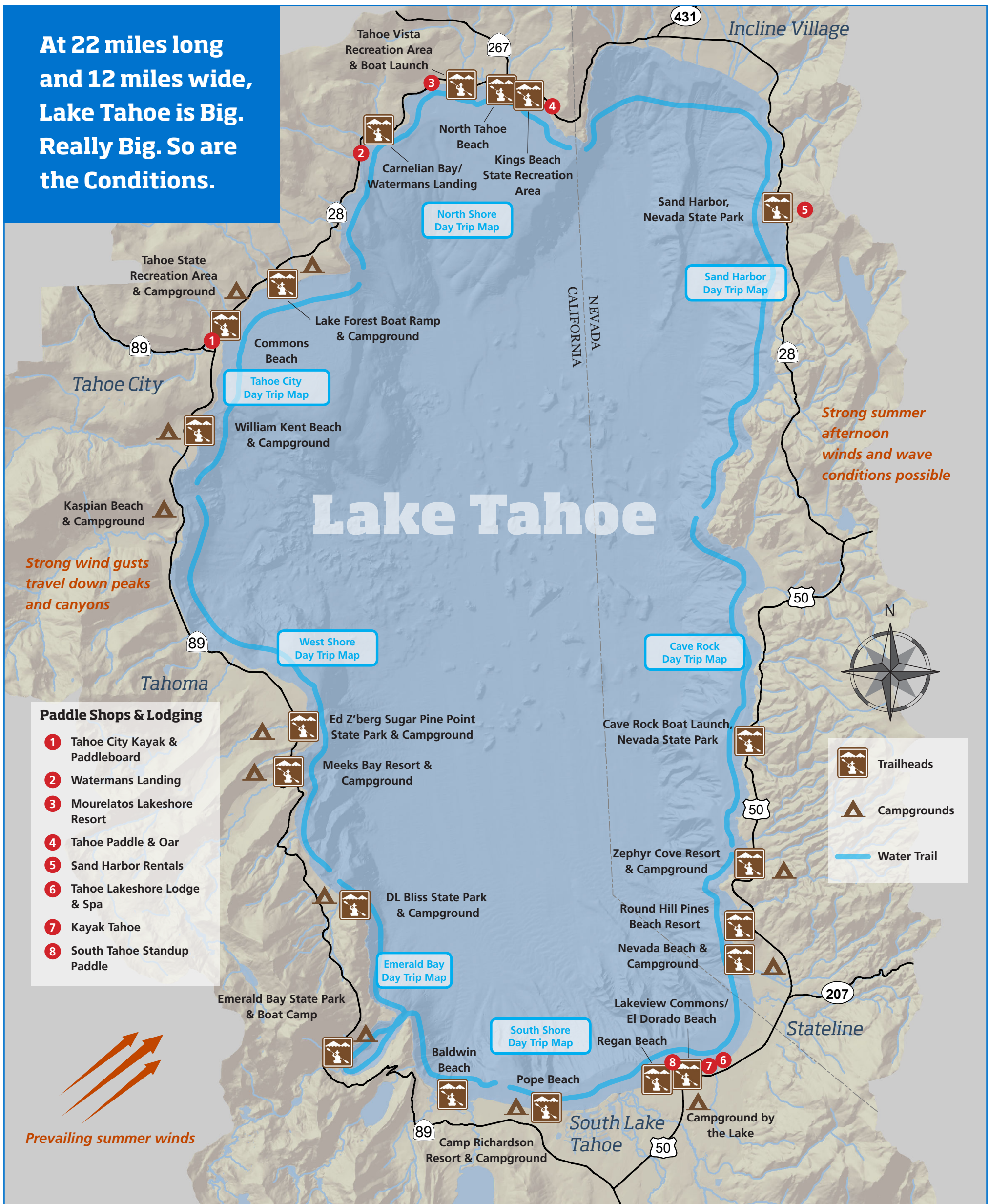
Nevada AIS Decal Requirements: Any watercraft capable of retaining water is required to display the decal.

Learn more at www.ndow.org/Boat



72 Miles of Pure Liquid Fun! Choose from 20 Trailhead Launch/Landing Sites with Parking, Restrooms, and Facilities

At 22 miles long and 12 miles wide, Lake Tahoe is Big. Really Big. So are the Conditions.



Paddle Shops & Lodging

- 1 Tahoe City Kayak & Paddleboard
- 2 Watermans Landing
- 3 Mourelatos Lakeshore Resort
- 4 Tahoe Paddle & Oar
- 5 Sand Harbor Rentals
- 6 Tahoe Lakeshore Lodge & Spa
- 7 Kayak Tahoe
- 8 South Tahoe Standup Paddle

TRAIL TIPS

SUMMER WIND & WAVE PATTERNS: BE READY

While typical summer winds originate from the southwest, winds can and do change in an instant. Be aware of the predominant increase in intensity of southwest winds in the afternoon. Be prepared for strong down blasts coming off of steep mountain peaks and canyons at Baldwin Beach, Emerald Bay, Ward Canyon, and the entire West Shore. You could be blown offshore.

Strong prevailing southwest winds generate very large waves along the north and east shores in the summer afternoons. Be ready for changeable conditions and to navigate rough water and a rocky shoreline. Water conditions are generally calmer during the morning. Check weather and marine forecasts, and always wear your life jacket and SUP leash!

Day Tripping

To help you have a safe and fun adventure, the 72-mile water route is divided into 7 Day Trip Maps with designated trailheads. Each map includes route descriptions, GPS waypoints, launch/landing sites, on-site facilities and public beach access to waterfront attractions. Choose a route based on your paddle skills and ability to handle changing weather conditions.

Be advised. Dogs are not allowed in Emerald Bay, State Parks, and most beaches. Dogs should wear life jackets too that contain dog waste bags.



Overnight Paddle Adventures

For the highly-skilled, fully-contained expert paddler, camping along the Water Trail is permitted only in designated campgrounds. Fires are allowed only in designated campgrounds with fire rings and/or pits. Check fire restrictions.

Pampered Paddler Accommodations

Want to really pamper yourself? Stay at a lakeshore resort, or connect several lakeshore lodges together for sand-free accommodations!

Plan your paddle adventure at LakeTahoeWaterTrail.org