

Activity Level Descriptions

All: Activity may occur indoors; minimal walking is involved; some venues are wheelchair accessible.

Moderate: Participants must be sure-footed, able to ascend a path the equivalent of a few flights of stairs and walk on uneven surfaces up to 3 km (2 miles) at a 3 km/h pace (2 mph).

Easy: Participants must be able walk the equivalent of 5 city blocks on uneven ground, stand for up to an hour, and get in and out of a motor vehicle easily.

Challenging: Participants must be in good health, be mobile, and able to participate in 3 – 5 hours of physical activity per day, the equivalent of walking up to 8 km (5 miles) at a 4 kmph (2.5 mph) pace over uneven ground.



Waterton Wildflower Festival

The 16th annual Wildflower Festival is a unique way to step into a wildflower wonderland. Discover a veritable bouquet of wildflowers in the “Wildflower Capital of Canada”. Home to more than 1,000 vascular plant species, 175 species are listed as rare in Alberta; 20 are found only in Waterton.



Blue Camas Photo: Richard Lavertue

This Festival, a program of the Waterton Park Community Association, features workshops on photography and art, guided walks to identify plants and park ecosystems, as well as family programs and presentations.



Photo: Michaela Enzmann

Join us and learn about the beauty of Waterton Lakes National Park.

Waterton Artisan Fair

June 14-16 from 10:00 to 16:00

Treat yourself to nature inspired crafts and artwork or find a unique gift for your loved ones. Enjoy browsing through locally created jewelry, paintings, photographic art, pottery, natural body care products and birdhouses. Meet the artisans, craftsmen and local nature conservancy groups.



Photo: Frank Weinschenk

Native wildflowers for your garden available!

Saturday June 15 – Live Background Music:
11:00- 13:00 Accordion Melodies at Pearls Café
14:00-16:00 Rock, Country, Blues at Trappers Mountain Grill

Festival Sponsors



16th Waterton Wildflower Festival & Artisan Fair

June 13 - 18, 2019

Experience Nature at its Best

Photo: Kyla Black

Wildflower Capital of Canada

**Wildflowers – Walks – Talks – Photography
Geology – Natural History – Arts – First Nations – Movies & Live Concerts and Free Events**

Artisan Fair (June 14-16)

Waterton Community Centre



1-877-780-1998

WatertonWildflowers.com

Waterton Lakes National Park



Activity Descriptions A-Z

(Find more details online!)

General Information

All activities and the Artisan Fair take place or start at the Waterton Community Centre (WCC). Please go directly to the venues: Opera House, Falls Theatre, Alpine Stables and Community Camp Kitchen.

Locations are marked on the map in this brochure.

A Woman in Wildflowers (SUN)

Live performance about Lizzie Rummel, a pioneer in Banff.

Art in Flowers - Beginners (FRI) & Advanced (SUN)

Being out in the fresh air amongst the beautiful fragrant flowers is inspiring. Enjoy an outside activity.



Charlie with Biscuit in Kamchatka.

Bear Man of Kamchatka (EVERY DAY but FRI)

A 2006 BBC documentary about Charlie Russell's incredible work with grizzly bears. Sadly, Charlie passed away in 2018.

Bears and Blossom (SAT)

Discover the role bears play in the health of wildflower populations. Charlie Russell, one of the world's renowned bear experts, was the guide's mentor and knows all his favorite spots to view bears and wildflowers.

Bear Safety Talk + Q&A (~20 min) (SAT)

Learn about "seat belts" and why you should always carry bear spray.

BearSmart in Wildflower Country (SUN)

Bear experts train you how to behave when encountering a bear and practice using bear spray. This is a hands-on outdoor workshop.

Better Breathing! (FRI)

Learn how to return to your natural state of correct breathing with some simple, gentle yoga postures.

Birdhouse Building (SAT)

Children and adults are welcome to join us in building their own birdhouses.

Celebration of Wildflowers - Aerial Performance (THU, MON)

A spirited aerial dance celebration of Waterton's wildflowers by local acrobat Sasha Galitzki.

Conserving Canada's Birds (SAT)

Birds are one of the most conspicuous and captivating groups of animals in nature. They are a good subject for sparking people's interest in the natural world.

Dark Sky Discovery (SAT, MON)

This low-intensity, introductory stargazing tour focuses on exploring the night sky with access to telescope and stargazing binoculars.

Early Bird Chorus - Birds of the Montane (FRI) & Grasslands (MON)

Join us at this bright hour to decipher the chorus of bird songs and learn how the fire has affected their grassland habitat and how they are adapting.

Extraordinary Flowers in Easy Places (FRI, MON)

Get to know Waterton's beautiful wildflowers by venturing only a few steps from your shuttle. View many wonderful species in various areas and see what lies just off the roadside.

Indigenous Cooking Class (THU)

Witness "first hand" how to prepare two of the most famous dishes of Indigenous People: bannock and berry soup, while listening to stories.

Introduction to Birding (SAT)

Learn about Waterton's local birds, how to find and identify birds by sight and sound.

To see all activities, descriptions and bookings, scan QR code with your smart phone or visit:
Program.WatertonFestivals.org

Invasive Plants in Canada's Parks (THU, FRI, SAT)

Learn about exotic plant invasions, how they happen, and what can be done to prevent and control these invasions.

Macro Wildflower Photography (SAT)

Talk with tips for wildflower photography.

Meditative Hike (MON)

Explore the Sofa Basin in a meditative hike including a yoga session to reconnect with nature and yourself.

Mysterious Mushrooms (FRI)

An informative, entertaining introduction to wonderful and peculiar mushrooms that you might find in the park; especially after the recent fire.

Nature's Medicine Cabinet - From Plants to Salves (SUN)

A field and classroom workshop about the traditional uses of plant medicines and how to use them today. Learn to identify and create products with plants.

Night Sky Photography (FRI, SUN)

Shoot Waterton's amazing night sky and learn from a well known professional photographer - only for DSLR or mirrorless camera with tripod.

Night Sky Presentation (SAT)

Come enjoy a slide show and presentation by Alberta astrophotographer, Alan Dyer (www.amazingsky.net) - prepare to be amazed!

Photographic Technique Workshop - 2 Day (FRI-SAT)

Award-winning photographer shares his knowledge about macro and flower photography. Two days to learn techniques in classroom and field.

Photographing Wildflowers in the Landscape (SAT, SUN)

Learn the basics of landscape photography and tips and tricks for taking wildflower images with your camera.



Photo: Michaela Enzmann

Piikuni - Land of the Natural Flow (FRI)

Book reading from autobiography by Blackfoot author about a very interesting life.

Pollinators and Their Wildflowers (FRI, SAT)

A walk with a focus on small and large pollinators. Bees, butterflies and hummingbirds are taking care that the cycle of life continues.

Road to Recovery (THU)

Come and help to keep nasty invasive species at bay on the NCC's spectacular Hayden-Hedenstrom property.

Stories of Flowers at the Campfire (SUN)

Enjoy an evening by indoor campfire and listen to wildflower stories based on mythology and folklore.

The Healing Power of Fire (THU, MON)

Explore the traditional use of fire to heal the land and stimulate new plants and flowers. Hear the stories of the Fire Carriers.

The Many Wildflowers of the Rose Family (THU, MON)

Enjoy identifying the various species of a large family. Take a look at different blooms, identify characteristics and interesting facts.

The Road to Mystery (SAT)

Depending on weather and other conditions, Valorie will pick a destination that maximizes your experience to learn the magic of wildflowers.

The Magic of Encaustic

Create your own artwork with encaustic painting (using hot beeswax).



GO ONLINE



Photo: Brian Gauld

Times Gone By (THU)

The historian and curator of the Kootenai Brown Pioneer Village shares stories of Waterton's past and why it was such a special place for Kootenai Brown and the Aboriginal People.

Vast Diversity at the Front (SUN)

Explore nature's diversity, learn about wildlife use, plants resilience to stress (e.g. fire), park management and plant community restoration.

Vistas and Landscape Stories of the Bertha Trail (MON)

Travel Bertha Trail. Discover how the landscape, the soil and the flowers are all connected deeply.

Wetlands & Springs (SUN)

Learn about the different communities and springs that make the Maskinonge wetland ecosystem thrive.

What Makes Waterton Unique? (FRI, SAT, SUN)

Hear how the past 2 billion years have formed the Waterton of today. Be surprised by the interesting facts laying at your feet.

Wild Edibles (SUN, TUE)

Lost in the wilderness with no food? Seek out plants you *could* eat and learn to recognize those you *should not* eat!

Wildflowers 101 (MON, TUE)

From agoseris to yarrow, this workshop will help you learn how to identify the flowers you see along the trail using flower, stem, and leaf features!

Wildflowers from Horseback (SUN)

What could be more fun than riding a horse and flower watching? No riding experience necessary.

Wildflowers of the Parkway (FRI, TUE)

Waterton is rich in plant species where the prairie meets the mountains. Explore the diversity of wildflowers in their different habitats.

Wildflowers on Wishbone Trail (FRI)

Walk through aspen forest and open meadows and alongside wetlands to discover a variety of wildflowers and stunning views.

Wondrous Orchids (FRI, SAT)

Join in an exploration for some of Waterton's brightest and best members of the orchid family.

40 Years a Biosphere Reserve

Introduction & walk to discover the changes after 40 years of cooperating.

Opera House Events

Hook, Line and Schubert: The Trout Quintet by Schubert (SAT)

Live performance by The Rocky Mountain Symphony Orchestra.

Movie: Van Gogh & Japan (FRI, MON)

Learn how Japan influenced his work from afar.

Movie: Water Lilies by Monet - the Magic of Water and Light (FRI, MON)

A tale of the radical elements that revolutionized modern art.

Tickets at: opera.watertonfestivals.org

Also check out our Wildlife Weekend in September: WatertonWildlife.com

Wildflower Festival 2020:
June 18 to 23

