

## COLD-PRESSED JUICE

..... *sweet* .....

KICK START // \$10  
grapefruit, orange, vanilla, coconut water, cayenne

BRIGHT EYES // \$9  
orange, carrot, strawberry

CHAKRA SEVEN // \$10  
purple cabbage, red apple, ginger, lime, cinnamon

LIQUID GOLD // \$10  
orange, grapefruit, lime, lemon

..... *greens* .....

SKINNY GREENS // \$10  
cucumber, spinach, kale, green apple, jalapeño

GLOWING GREENS // \$10  
cucumber, celery, cilantro, spinach, pear, lime

PURE GREENS // \$10  
cucumber, celery, kale, spinach, chard, romaine

DETOX GREENS // \$12  
kale, cucumber, romaine, celery, green chard, cilantro, dandelion, lemon

..... *roots* .....

KAMALA // \$10  
yam, red apple, carrot, maca, cinnamon

ROOT JUICE // \$10  
red beetroot, carrot, turmeric, ginger, lime



## SMOOTHIES + SHAKES

BASIC // \$8

*almond mylk, protein of choice, vanilla bean, frozen banana, almond butter*

BASIC CACAO // \$8

*almond mylk, protein of choice, vanilla bean, frozen banana, almond butter, cacao powder*

LIFELINE // \$9

*cold brew coffee, almond mylk, frozen banana, date, almond butter, cinnamon, vanilla*

TROPICS // \$9

*almond mylk, frozen pineapple, frozen banana, coconut meat, coconut nectar, ginger*

FIT + GREEN // \$9

*almond mylk, frozen banana, spinach, protein of choice, almond butter, honey, chia*

MINT CHIP // \$9

*almond mylk, dates, frozen banana, almond butter, spinach, peppermint, cacao nibs, Sunwarrior protein*

OAK CREEK GREENS // \$9

*coconut water, spinach, kale, banana, blueberries, spirulina, honey*

SIMPLY STRAWBERRY // \$8

*almond mylk, strawberries, hempseeds, Sunwarrior protein, dates*

COCO LECHE // \$8

*fresh coconut water, coconut meat, almond extract, maca powder, vanilla, stevia*

DAILY GREENS // \$12

*pure greens juice, frozen banana, sprouted almonds*

## MYLKS + COLD BREW

GOLDEN MYLK // \$11

*sprouted almonds, vanilla, dates, cinnamon, coconut nectar, black walnut, cold-pressed turmeric root, black pepper*

STRAWBERRY MYLK // \$10

*sprouted almonds, strawberries, vanilla, colloidal silver*

CLASSIC ALMOND MYLK // \$10

*sprouted almonds, vanilla, dates, cinnamon, himalayan sea salt*

POWERFUL // \$8

*cold brew coffee, dates, cinnamon, walnut cream, ashwagandha*

♥ ♥ ♥ ASK ABOUT OUR *cleanses* ♥ ♥ ♥

## ACAI OR PITAYA BOWL

..... **\$9** .....

*pitaya or unsweetened acai, banana, strawberries, almond butter, coconut butter, almond mylk, hemp seeds, honey, vanilla*

===== *served with* =====

*granola, raw honey and choice of one fruit or topping*

===== *toppings* =====

*blueberries, banana, strawberries, cacao nibs, coconut flakes, hemp seeds, goji  
\*\* one included \*\**

===== *favorite boosts* =====

*maca, spirulina, e3live, protein powder, avocado*

## superfoods + additions

BEE POLLEN • RAW ALMOND BUTTER • AVOCADO • HEMP SEEDS • COCONUT BUTTER • E3LIVE • SPIRULINA • GOJI BERRIES  
SHILAJIT • ASHWAGANDHA • SUNWARRIOR PROTEIN POWDER • ORGANIC WHEY PROTEIN • MACA • CAMU CAMU • GRANOLA

BANANA • BERRIES • CHIA • CACAO NIBS  
SPINACH • KALE • PEANUT BUTTER

\$1

\$2

## SALADS + SOUPS

ENJOY OUR SEASONAL FRESH SOUPS AND SALADS, PREPARED DAILY **WITH LOVE** FOR CONVENIENT PICK UP AND TAKE OUT. **100% ORGANIC, GLUTEN-FREE, PLANT-BASED** AND MADE WITH PRODUCE SOURCED FROM LOCAL FARMERS AS OFTEN AS POSSIBLE.

## BASIC EATS

### PERFECT PROTEIN OATS // \$7

*organic gluten-free oats, almond butter, cinnamon, banana, almond mylk, coconut crystals or honey, choice of protein*  
\*\* add a superfood to make it super-powered \*\*

### GLUTEN-FREE OVERNIGHT OATS // \$8

*organic gluten-free oats, chia, almond mylk, strawberries, blueberries, banana, almonds, vanilla bean, coconut crystals*

### AVOCADO TOAST // \$6

*organic sprouted grain toast, smashed avocado, cashew chipotle mayo, micro greens, olive oil, sea salt, black pepper*

### ALMOND BUTTER + HONEY TOAST // \$4

*organic sprouted grain toast, almond butter, honey*

## ENTREES

WE CHANGE OUR MENU WITH THE SEASONS AND BASE OUR ENTREES ON WHAT IS AVAILABLE LOCALLY. PLEASE CALL OR VISIT OUR WEBSITE AT [WWW.SHOPLOCALJUICERY.COM](http://WWW.SHOPLOCALJUICERY.COM) OR COME IN TO LEARN ABOUT TODAY'S SPECIALS.

## SIDES

*avocado // \$2 • sprouted grain toast // \$1*

*almond butter // \$1.50 • ghee // \$1*

*dressing (ranch, ceasar, lemon vinaigrette, chipotle mayo) // \$1.50*

*nuts (almonds, cashews) // \$2 • quinoa // \$2*

*'Purely Elizabeth' granola (gluten-free, coconut sugar sweetened) // \$3*

## LITTLE ONES

### ALMOND BUTTER + HONEY // \$4

*sprouted stone ground almond butter and honey on sprouted grain toast*

### SEASONAL FRUIT BOWL // \$5

*fresh fruit and honey*

### APPLES + ALMOND BUTTER // \$4

*organic local apples and sprouted stone ground almond butter*

### THE HENRY // \$6

*almond mylk, spinach, blueberries, almond butter, avocado, honey*

### WHAT FAIRIES DRINK // \$6

*coconut water, frozen banana, frozen strawberries, spinach*

### BIZZY BEE // \$6

*almond mylk, spinach, almond butter, frozen banana, frozen strawberries, bee pollen*

## TREATS

### CLASSIC CHIA PUDDING // \$5

*chia, almond mylk, banana, cashew, dates, vanilla, cinnamon*

### AVOCADO CACAO PUDDING // \$6

*avocado, banana, coconut crystals, cacao, vanilla, coconut oil, coconut butter*

### RAW VEGAN CHEESECAKES + PIES // \$7

*cashew- and coconut-based vegan cheesecakes and treats that change daily*

### BANANA BREAD // \$4.50

*almond flour, buckwheat flour, coconut crystals, vanilla, banana, cinnamon, coconut oil, flax*

### TRUFFLES + TREATS

*rotating raw vegan truffles, decadent superfood bars and guilt-free treats*



## Menu

100% ORGANIC | COLD PRESSED | MADE with love

WE MAKE EVERYTHING FRESH AND USE ONLY THE MOST VIBRANT PRODUCE. OUR MENU CHANGES WITH THE SEASONS BUT WE ALWAYS KEEP THE LOCAL FAVORITES. LET US KNOW WHAT YOU LOVE!

3150 W. STATE ROUTE 89A  
DRY CREEK PLAZA, SUITE 5  
SEDONA AZ 86336

MON - SAT // 8am - 5pm  
SUNDAY // 10am - 1pm

928.282.8932

[www.shoplocaljuicery.com](http://www.shoplocaljuicery.com)