

# SPA TREATMENTS

## SIGNATURE SPA TREATMENTS

**QUIET MIND** 90 minutes \$235

**SEDONA DREAMS** 90 minutes \$235

**FEET IN THE CREEK** 60 minutes \$150

## MASSAGE

**SACRED STONE** 90 minutes \$235

**SWEDISH** 60 minutes \$150/90 minutes \$210

**DEEP TISSUE** 60 minutes \$160/90 minutes \$220

**QUIET MIND** 90 minutes \$235

**MATERNITY MASSAGE** 60 minutes \$150/90 minutes \$210

*ADDITIONAL MASSAGE LOCATIONS (add \$30):*

**CREEKSIDE** (in season)

**IN-ROOM**

## BODY TREATMENTS

**HIMALAYAN SALT GLOW** 60 minutes \$150

**DESERT SAGE SUGAR SCRUB** 60 minutes \$150

**SEDONA DREAMS** 90 minutes \$235

**L'APOTHECARY LUXURY** 90 minutes \$235

## INTEGRATIVE

**HOLISTIC MASSAGE WITH CRANIAL SACRAL** 90 minutes \$210

**HOLISTIC MASSAGE WITH REFLEXOLOGY** 90 minutes \$210

**CRANIAL SACRAL** 60 minutes \$150

**FEET IN THE CREEK** 60 minutes \$150

## CUSTOMIZED FACIALS

Select either a 60-minute or 90-minute facial and our aesthetician will assist you in selecting the facial appropriate for your skin type and condition.

60 minutes \$150/90 minutes \$210

**Facial types include one of following:**

**ANTIOXIDANT VITAMIN C**

**ADVANCED SKIN RENEWAL**

**ORGANIC FACIAL**

**CUSTOMIZED DEEP CLEANSING**

**GENTLEMAN'S FACIAL**

## PRIVATE INSTRUCTION: YOGA, MEDITATION AND CONNECTING WITH NATURE

One to four people 60 minutes \$150/90 minutes \$210

**CUSTOMIZED YOGA** (Beginner or Intermediate)

**VINYASA VORTEX** (Intermediate to Advanced)

**CUSTOMIZED MEDITATION** (Novice to Experienced)

**CONNECTING WITH NATURE**

## L'APOTHECARY BLENDING EXPERIENCE

One to four people

**BLEND YOUR OWN HERBAL BODY SOAK OR SCRUB**

2-ounce \$20/8-ounce \$35



301 L'Auberge Lane

Sedona, AZ 86336

928-204-4321

lauberge.com