

Integrating Soul & Self



***Every thought that we think either **enhances** our Life Force or **depletes** it.
I invite you to open and emerge to experience and radiate more of who you are...
And, I would be honored to be your guide!***

What would it take for you to make the shift to consciously choosing only thoughts that enhance your Life Force? One place to begin is to make a new decision. You have been your own harshest critic long enough, and now it is time to begin to treat yourself like a most beloved child!

Learn to Nurture and Nourish Yourself from a whole new perspective...

How would it feel to know that you have the ongoing support you need to open your eyes, mind and heart to fully embrace the greater potential that lies within you... and to realize that potential every day? As your personal healing consultant and guide, I will help you put together the pieces of your "Highest Potential" puzzle.



Our world is incomplete until You have fully blossomed!

Since **Debra Emmanuelle** began her healing and teaching practice in 1995, her mission has been to be a facilitator and a witness for the refining of the Evolution of Consciousness for herself and others, assisting all who are open and willing in finding their unique Meaning, Clarity and Purpose through a deepened connection with the Truth that resides at the Core of their Being.

Make the most of your time while immersed in the magic of Sedona -
Let me be your guide!

Experience more...

- Clarity in Communication
- Meaning and Fulfillment
- Meaningful Purpose
- Stronger, Healthier Relationships
- Grounded Sense of Identity
- Balance and Harmony
- Less Effort/More Intentional Allowing
- Tools to Manage & Enhance Your Life Force

For more Information on personal or group sessions (distance sessions also available), classes, customized Red Rock Vortex healing hikes and personalized retreats, contact:

Debra Emmanuelle (978) 602-5375

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Testimonials for Debra Emmanuelle: (978) 602-5375

"I have lived in Sedona for more than eight years and wondered if I would ever find a healer that I felt was the *real deal*. Then along came Debra Emmanuelle. She is deeply insightful, caring, and loving. She understands from her own experience of healing how to assist us. From a well-spring of empathy her gentle process connects us to the essential source which then allows us to open to our own healing, no matter what it is that troubles us. From my heart, I recommend Debra, for she is a healer's healer. She is the *real deal!*" ~ Carla R., Curandera ~ Sedona, AZ

"I have had near monthly sessions with Debra for the past several years - either in person or by phone. I have found her groundedness and ability to hold a sacred space to be instrumental in allowing me to gain profound insights and achieve positive shifts on all levels - energetic, emotional, mental and spiritual. I am always fascinated by how she can tune into what I am needing to feel, or what perception I am needing to adjust, and then masterfully yet gently support me in that process. I also appreciate that Debra 'walks her talk'. She's very real and down to earth. She's easy to talk to and I can trust sharing deep, personal thoughts and feelings with her. I look forward to her ongoing guidance as I continue with my personal journey." ~Joyce P. ~ Pennsylvania

"I want to thank you for all you've helped me with. I am feeling completely healed. I feel wonderful – you've given me my life and heart back. Before, my heart was heavy with hurt, guilt, fear and sadness. Now it's full of love, peace, happiness and self-love – and it is because of your influence. I'll never forget what you have done for me." ~ Lucille B. ~ Texas

"Thank you for the wonderful session! I experienced an inner peace and alleviation of pain [from AIDS-related neuropathy and arthritis] that I have not experienced with any other healing therapy." Ron G. ~ Maine

"Telling you what working with you and being healed by your sacred hands means to me seems to defy my limited vocabulary and skills. Please know that I feel very blessed to have been brought to you. You have made my transformation joyous and easy. Thank you for all your care and love." Billie R. ~ Maine

I have been receiving energy sessions from Debra Emmanuelle since 1994. She is a grounding, present force with an innate ability to tune in to the specific needs of her clients. I have experienced several positive, profound life transformations after receiving a series of energy sessions with Debra. She has supported and empowered me beautifully with grace and compassion, through many painful yet necessary life challenges. She IS doing the work God intended for her and I feel blessed and honored to have her as my mentor." ~ Laurie, Sedona, AZ

"Gifted Beings and Healers have honored this planet for eons of time. Debra Emmanuelle is one of these beings and I have had the fortunate experience to have met, worked with and received high vibrational healing work from her. Debra has a unique ability to step aside and allow transformational healing to manifest for her clients, who remain fully present and engaged in the process. Together, Debra supports her clients, through dialogue, in discovering their deepest core issues. Then the fun begins – healing and peace is what we all deserve!" ~ Stephen E, Sedona, AZ

"Need a soul refreshing, life changing healing session like none other you've experienced? You can expect nothing less from my friend and colleague, master practitioner, Debra Emmanuelle. Debra is highly intuitive, insightful and attentive to every nuance from beginning to end and will tailor the session to the individual by way of myriad modalities. She is one of the best listeners I know and has an uncanny ability to zero in on the presenting issues at hand. She is completely focused, supportive and encouraging in every way. I wish everyone could partner with Debra in this profound work she offers!" ~ Patricia K, Maine

My recent session with Debra Emmanuelle was life-changing. I went to her for help with a persistent neck problem for which I had exhausted all the traditional medical avenues. I left her feeling pain-free and, more importantly, having had an experience of Divine Love that now pervades all that I am. I am really enjoying my life now! ~ Lucy C, Colorado