

Black Tea Prices per 50g

Black teas undergo full oxidation, which results in a fuller body, robust tea. Black tea has more caffeine than other teas, yet less than coffee (50-65% of coffee).

Afternoon Tea Blend ~ Queen's Tea.....	5.75
Assam Sewpur Estate Organic ~ tea of awakening..	6.25
Canadian Breakfast ~ true north blend.....	5.75
Ceylon OP Blackwood Estate Organic ~ sanctuary	6.75
China OP Organic ~ Emperor's Tea.....	6.00
Darjeeling Ambootia Organic~tea of transformation	7.00
Darjeeling First Flush Glenburn ~ green goddess..	15.00
* English Breakfast Organic ~ tea of reflection.....	6.00
* Irish Breakfast ~ a hearty brew.....	5.75
Kenya GFOP Mariny Estate ~tea of the new earth.	6.00
Maritime Blend ~ tea of friendship.....	5.75
Nepal ~ Shangri-La.....	8.50
Nilgiri Thiashola Estate Organic ~ volocitea.....	6.00
Ostfriesian ~ tea of harmony.....	5.75
Scottish Breakfast ~ mythic.....	5.75
Seven Treasures (House Blend) ~ tea of abundance.	5.75
Yunnan Imperial Organic ~ authentic.....	6.00

Flavoured Black Tea

Apricot Ceylon ~ Mrs. Teabody's Best.....	5.75
Banana Ceylon ~ sweet memories.....	5.75
Black Currant Ceylon ~ sweet cassis.....	5.75
* Blueberry Ceylon ~ tea of guardian angels.....	5.75
Caramel Cream Ceylon~ humble tea.....	5.75
Coconut Ceylon ~ luscious	5.75
Chili Chocolate Black & Mate ~ mayan elixir.....	5.75
Chocolate Cream Ceylon ~ irresistible	5.75
Cinnamon Orange Ceylon ~ lovebird tea.....	5.75
Cranberry Cream ~ tea of renewal.....	5.75
*Earl Grey Organic ~ tea of gratitude.....	5.75
*Earl Grey Cream ~ tea of compassion.....	5.75
*Ginger Ceylon ~ tea of devotion.....	5.75
Grapefruit Grey ~ afternoon delight.....	5.75
Hazelnut Ceylon ~ tea of creativity.....	5.75
Keisarin Tytär ~ emperor's daughter.....	5.75
Lapsong Souchong ~ tea of integrity.....	5.75
*Lemon Black ~ luminosita	5.75
Lychee Congou ~ tea of hospitality.....	5.75
Mango Ceylon ~ tea of miracles.....	5.75
Maple Ceylon ~ tea of tradition.....	5.75
*Masala Chai ~ tea of balance	6.00
Mediterranean Blend ~ tea of the gods.....	6.00
Nottingham Castle Blend ~ tea of royalty.....	5.75
*Pear Cream Ceylon ~ lovely.....	5.75
Pumpkin Spice ~ everything nice.....	5.75
Primordial Chai ~ tea of antiquity.....	6.00
Raspberry Ceylon ~ tea of paradise.....	5.75

Roasted Almond ~ better than biscotti.....	5.75
Royal Grey Darjeeling~ tea of quiet contemplation	6.00
Rhubarb Cream ~ versatilita.....	5.75
Strawberry Chocolate Ceylon ~ love goddess.....	5.75
Sweet Orange Ceylon Organic ~ tigers paw.....	6.00
* Vanilla Cream ~ tea of surrender.....	5.75

Green Tea

The oxidation process is stopped very quickly by firing (rapidly heating) the leaves. This produces a more subtle flavour and less caffeine content (10-30% of coffee).

China Green Organic ~ true nature.....	6.00
Dragonwell (Lung Ching) ~ tea of nobility.....	12.50
Genmaicha ~ tea of admiration.....	6.00
Gunpowder Organic ~ prosperitea	6.00
Gyokuro ~ noble dewdrop.....	19.50
Hojicha Organic ~ tea of simplicity.....	6.00
Jasmine Dragon Pearls Organic...power & beauty..	18.50
Sencha Fukujyu Organic ~ green spider legs.....	10.00
* Sencha Organic ~ tea of unlimited possibilities	6.00
White Tip Jasmine ~ tea of serenity.....	6.00
White Tip Yunnan Organic~ philosophers brew	6.50

Flavoured Green Tea

Apple Cinnamon ~ tea of awareness.....	5.75
Chai ~ tea of charisma.....	6.00
Cherry Blossom ~ tea of introspection.....	5.75
Coconut ~ legendary	5.75
Earl Grey ~ green mist.....	5.75
Earl Grey Cream ~ a cup of kindness.....	5.75
Echinacea ~ tea of restored strength.....	5.75
Ginger ~ tea of happiness.....	5.75
Ginkgo Green ~ tea of focus.....	5.75
Grapefruit ~ tea of invigoration.....	5.75
Lemongrass Lime ~ Druid's Blend	5.75
*Mango ~ metamorphosis	5.75
Mediterranean ~ green dolphin.....	6.00
Moroccan Mint ~symbol of friendship.....	5.75
Pear Cream ~ mesmerizing.....	5.75
Sencha Flower Power ~ let it tea.....	5.75
Spicy Orange ~ magical.....	5.75
* Sweet Lemon Sencha ~ precious moments.....	5.75
Sweet Peach ~ serendipitea.....	5.75
* Vanilla Cream ~ tea of new beginnings.....	5.75
Walnut ~ wittea.....	5.75

* Tea Blends with an asterisk are also available in decaf.

decaf black tea ~ 6.50 decaf green tea ~ 8.00
All of our decaffeinated teas are produced using the Co2 high pressure decaffeinating process without using any solvent. It is one of the most advanced, environmentally friendly technologies currently available.


Shop **International House of Tea** for a large selection of tea ware, accessories and items to compliment your tea experience. We specialize in tea gift baskets for all occasions with free city wide delivery. Please allow 24 hours for custom orders.

Browse our menu for a complete selection of our exclusive, premium loose leaf tea blends, created by Michael, our Master Tea Blender.

When you purchase iHOT tea, you are choosing responsibly sourced quality tea, which is regularly tested for pesticide and germ content, meeting European quality control standards. All iHOT flavoured blends are original recipes using natural flavours, flower blossoms and spices, free of sugar, soy, dairy, gluten and GMO's. iHot tea is cleaned by steam process and has not been irradiated.

Shop Hours:
Monday to Saturday
9:30 a.m. To 5:30 p.m.

international
HOUSE OF TEA

the world's finest 

205 South Algoma Street
Thunder Bay, Ontario, Canada

Local: 626-0130
International: 1-888-338-4689
info@internationalhouseoftea.com

Shop Online. Free shipping over \$75.00

www.internationalhouseoftea.com

Thank you! We appreciate your business! Enjoy your tea!

T
E
A

M
E
N
U

2
0
1
6

international
HOUSE OF TEA

the world's finest 



Pu-erh Tea

Pu-erh tea is harvested from 1300 year old tea trees from Southwest Yunnan province. The leaves are re-hydrated after fermentation to allow for a second fermentation (ripened/young). Raw/green pu-erh undergo a more lengthy fermentation process. Aids digestion and may lower cholesterol and blood pressure. Earthy.

King of Pu-erh Wuhan Organic ~ living tea.....	9.25
Blood Orange ~ crimson star.....	6.00
Cappuccino Pu-erh ~ loyaltea.....	6.00
Earl Grey Vanilla ~ magestic.....	6.00
Puerh Toucha Shou ~ bird's nest.....	6.00
Tiramisu Pu-erh ~ la dolce vita.....	6.00

White Tea

They are hand processed using the youngest shoots of the tea plant, with no oxidation. Very delicate, low caffeine.

China White Downy Organic ~ tea of innocence....	14.25
Ginger Peach White Monkey ~ jungle love.....	14.75

Oolong Tea

Oolongs are semi fermented teas grown in Southeast China and Taiwan. Oolongs have a unique flavour, not as robust as blacks yet not as subtle as greens.

Darjeeling Oolong Glenburn ~ eternitea.....	17.50
Formosa Oolong ~ tea of tranquility.....	6.00
Guangzhou Milk Oolong ~ journeyman's tea.....	15.00
Se Chung Oolong ~ immortal.....	5.75
Ti Kuan Yin Iron Goddess ~ tea of benevolence.....	6.00
Tung Ting ~ tea of inspiration.....	9.25

Yerba Mate

Harvested from a tree native to South America. The stimulating effect of Yerba Mate comes from a stimulant called mateine, which is chemically identical to caffeine. High tannin content.

Cappuccino Roasted Mate ~ two worlds.....	5.75
Caramel Roasted Mate ~ ode to joy.....	5.75
Cinnamon Orange ~ uplifting.....	5.75
Chai Yerba Mate ~ unitea.....	5.75
Chocolate Roasted Mate ~ daydreamer	5.75
Green Yerba Mate Organic ~ tea of rejuvenation.....	5.00
Mango Yerba Mate ~ tea of the sun princess.....	5.75
Roasted Yerba Mate ~ tea of vitality	5.00
Roasted Almond Roasted Mate ~ almond holly.....	5.75
Sweet Lemon Mate Organic ~ sweet sensations.....	5.75
Vanilla Cream Roasted Yerba Mate ~ ethereal.....	5.75

Honeybush

Honeybush is harvested wild from the mountains of the southern Cape in South Africa. Low tannin, caffeine free.

Honeybush Organic ~ puritea.....	5.75
Honeybush Botswana ~ tea of synchronicity.....	6.00
Honeybush Chili Chocolate ~ spicy & sweet.....	6.00
Honeybush Cinnamon ~ tea of ancient wisdom	6.00
Honeybush Cranberry ~ longeviTea.....	6.00
Honeybush Sweet Orange ~ a sunny afternoon.....	6.00

Rooibos

Rooibos (aka Red Bush Tea) is an herb from South Africa with an impressive list of health benefits. Naturally free of caffeine, this tisane has a full body and lots of flavour.

Apple Cinnamon ~ a cup of comfort.....	5.75
Blueberry Rooibos ~ tea of enchantment.....	5.75
Cappuccino Rooibos ~ red cap.....	5.75
Caramel Rooibos ~ sheer bliss.....	5.75
Chai Rooibos ~ tea of romance.....	6.00
Chocolate Cream Rooibos~tea of sweet indulgence.....	5.75
Chocolate Mint Rooibos ~ after eight tea.....	5.75
Cinnamon Orange Rooibos ~ tea of dreamers	5.75
Earl Grey Rooibos ~ realiTEA.....	5.75
Earl Grey Cream Rooibos ~ sinceritea	5.75
Ginger Orange Rooibos ~ tea of elation.....	5.75
Green Rooibos Organic ~ Gaia's Gift.....	5.75
Keisarin Tytar Rooibos ~ Diane's blend.....	5.75
Mediterranean Blend ~ tea of the masters.....	6.00
Mermaid's Blend ~ escape.....	5.75
Passionfruit ~ simple pleasures.....	5.75
Pumpkin Spice ~ golden.....	5.75
Pear Vanilla Rooibos ~ unique.....	5.75
Roasted Almond Rooibos ~ decadence.....	5.75
Rooibos Organic ~ Mother Nature's Lullaby.....	5.75
Strawberry Rooibos ~ transcendence.....	5.75
Sweet Lemon Green Rooibos Organic~ tea of clarity.....	6.00
Sweet Peach Green Rooibos ~ serendipitea.....	6.00
Tiramisu Rooibos ~ amore.....	5.75
Vanilla Cream Rooibos ~ tea of the mystics.....	5.75

Lapacho

Also known as Pau D'Arco, Lapacho is harvested from the inner bark of the Lapacho tree which grows in Peru and Argentina. Rich in minerals, no caffeine.

Lapacho ~ wholesome.....	5.00
Lapacho Chai Vanilla ~ mellow.....	5.75
Lapacho Lemon Cream ~ hidden treasure.....	5.75
Lapacho Mango ~ tea of life.....	5.75
Lapacho Pear Cream ~ tea of the Andes.....	5.75

Prices Per 50 g

Fruit Tisanes

Fruit tisanes contain dried fruits with natural vitamin C, blossoms, roots and leaves. Naturally caffeine free, highly aromatic and a colourful infusion.

Banana Cherry ~ whimsical.....	5.75
Beet Nut ~ the mad hatter.....	5.75
Black Currant ~ king of antioxidants.....	5.75
Canadian Blueberry ~ tea of protection.....	5.75
Canadian Cranberry ~ tea of elegance.....	5.75
Ginger Lime ~ Merlin's Blend.....	5.75
Juicy Orange ~ glee.....	5.75
Pear Cream ~ little princess tea	5.75
Righteous Raspberry ~ fairies favourite.....	5.75
Strawberry Patch ~ succulent.....	5.75
Turkish Apple ~ Elma Çay.....	5.75
Wild Mango ~ tea of kind wishes.....	5.75

Herbal Blends

Technically, a tisane is an infusion of anything other than the leaves of the tea bush Herbal tisanes are naturally free of caffeine. Some are known to be relaxing, others energizing, and some, balancing. The following blends contain healing properties that cleanse and fortify.

Blue Buddha ~ healing elixir (house blend).....	7.75
Energy Elixir ~ seventh heaven.....	6.00
Essiac ~ Rene's Blend.....	7.75
Magic Elixir ~ stomach ease tea.....	6.00
Immuni-Tea ~ immune boost blend.....	6.00
Matrimonial Elixir ~ love potion.....	6.00
Mediterranean Herbal Tea ~ diversitea.....	6.00

Ayurvedic Teas

Ayurveda is an ancient Indian system of healing focused on keeping an individual in balance and aligned with nature.

Pitta ~ Kapha ~ Vata ~ Shanti ~ Ujaala	7.00
--	------

Spice Blends

We take care to freshly crush or grind the spices for our spice blends. Add spice to tea, juice or warm milk.

Apple Cider Spice	5.75	Mulling Spice	5.75
Masala Chai Spice.....	6.00	Jamaican Chai Spice ...	6.00
Primordial Chai Spice.....	6.00		

Heartfelt gratitude to Mother Earth for her generous gift of tea.

Single Herbs

Alfalfa Leaves.....	4.50	Hibiscus.....	4.50
Angelica Root.....	7.25	Hops Flowers.....	7.50
Anise Seed Star.....	4.80	Hyssop.....	6.00
Bilberry Leaf	8.00	Lady's Mantle.....	5.75
Birch Leaf.....	6.75	Lemon Balm.....	6.00
Blackberry Leaf.....	4.50	Lemon grass.....	4.50
Black Currant Leaf.....	7.50	Lemon Myrtle.....	8.25
Blueberry Leaf.....	5.50	Lemon Peels.....	4.75
Boldo Leaf	5.75	Lemon Verbena.....	9.00
Borage Leaf.....	6.00	Licorice Root.....	4.50
Burdock Root.....	4.50	Linden.....	7.75
Calendula Petals.....	4.50	Marshmallow root.....	8.50
Cardamom Pods Green.....	14.00	Mistletoe.....	5.50
Cardamom Seeds.....	18.00	Motherwort.....	5.50
Catnip.....	6.00	Mulberry.....	6.00
Cedar Tips.....	7.00	Mullein.....	5.75
Chaga Tea, cut.....	9.50	Nettle Leaves.....	4.50
Chamomile, German.....	7.25	Oatstraw.....	4.75
Chicory, Roasted.....	6.00	Parsley Leaf	5.50
Chickweed	6.75	Passionflower.....	8.00
Chrysanthemum Flower	11.50	Peppermint.....	6.25
Cinnamon, Ceylonese.....	7.50	Plantain leaf.....	4.50
Cloves.....	6.00	Raspberry Leaf.....	4.50
Cystus (Greek Mount)	5.50	Red Clover tops.....	4.75
Dandelion Root / leaf	4.50	Reishi Slices.....	6.50
Echinacea.....	5.00	Rose hip.....	4.50
Elderberries.....	4.50	Rosemary.....	4.50
Elderflowers.....	6.50	Rose Petals.....	4.50
Fennel Seeds.....	4.50	Sage.....	4.50
Fenugreek.....	4.25	Slippery Elm Bark.....	8.25
French Lavender.....	9.50	Spearmint.....	4.50
Ginger.....	5.00	Stevia Leaf.....	7.00
Hawthorn leaves.....	8.50	Sweet Orange Peel.....	4.50
		Thyme.....	4.25
		Yarrow.....	5.00

bulk tea storage bag.....0.50 tins2.00 and up

Save your tea packaging to reuse for your next visit to iHot. Refill with your favourite tea or use it to try something new.

Tea Tasting Classes ~ 25.00 / person

Check website for schedule.

Tea Leaf Reading ~ \$25.00

Pot of Tea ~ 3.95

With a Scone ~ add 4.00

Take Out Cup ~ 12 oz / 2.00 16 oz / 2.50

Add Chai Butter ~ 2.00

*available in dairy or coconut