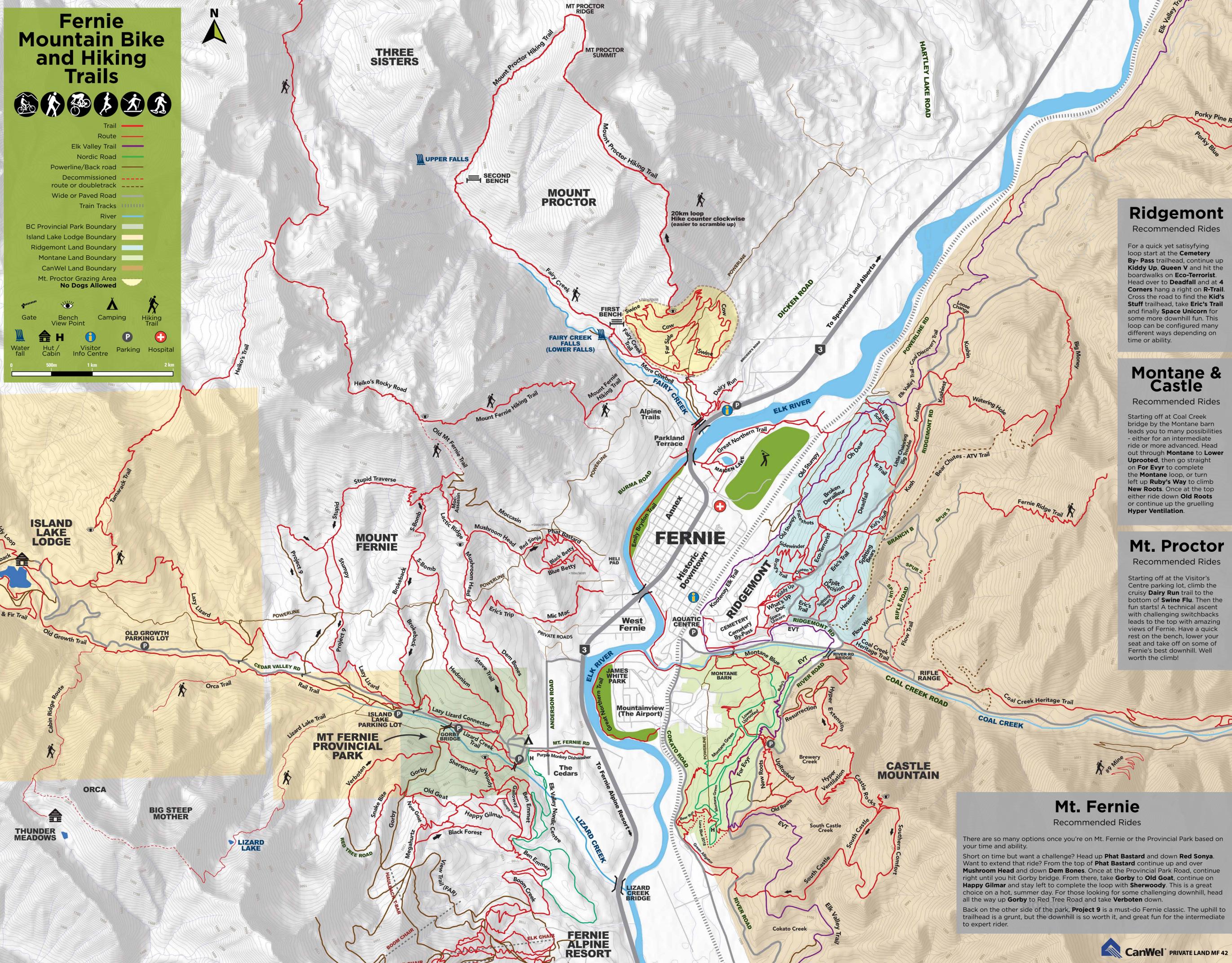


# Fernie Mountain Bike and Hiking Trails



- Trail
- Route
- Elk Valley Trail
- Nordic Road
- Powerline/Back road
- Decommissioned route or doubletrack
- Wide or Paved Road
- Train Tracks
- River
- BC Provincial Park Boundary
- Island Lake Lodge Boundary
- Ridgemont Land Boundary
- Montane Land Boundary
- CanWel Land Boundary
- Mt. Proctor Grazing Area
- No Dogs Allowed

- Gate
- Bench View Point
- Camping
- Hiking Trail
- Water fall
- Hut / Cabin
- Visitor Info Centre
- Parking
- Hospital



## Ridgemont

### Recommended Rides

For a quick yet satisfying loop start at the **Cemetery By-Pass** trailhead, continue up **Kiddy Up**, **Queen V** and hit the boardwalks on **Eco-Terrorist**. Head over to **Deadfall** and at **4 Corners** hang a right on **R-Trail**. Cross the road to find the **Kid's Stuff** trailhead, take **Eric's Trail** and finally **Space Unicorn** for some more downhill fun. This loop can be configured many different ways depending on time or ability.

## Montane & Castle

### Recommended Rides

Starting off at Coal Creek bridge by the Montane barn leads you to many possibilities - either for an intermediate ride or more advanced. Head out through **Montane** to **Lower Uprooted**, then go straight on **For Evyr** to complete the **Montane** loop, or turn left up **Ruby's Way** to climb **New Roots**. Once at the top either ride down **Old Roots** or continue up the grueling **Hyper Ventilation**.

## Mt. Proctor

### Recommended Rides

Starting off at the Visitor's Centre parking lot, climb the cruisy **Dairy Run** trail to the bottom of **Swine Flu**. Then the fun starts! A technical ascent with challenging switchbacks leads to the top with amazing views of Fernie. Have a quick rest on the bench, lower your seat and take off on some of Fernie's best downhill. Well worth the climb!

## Mt. Fernie

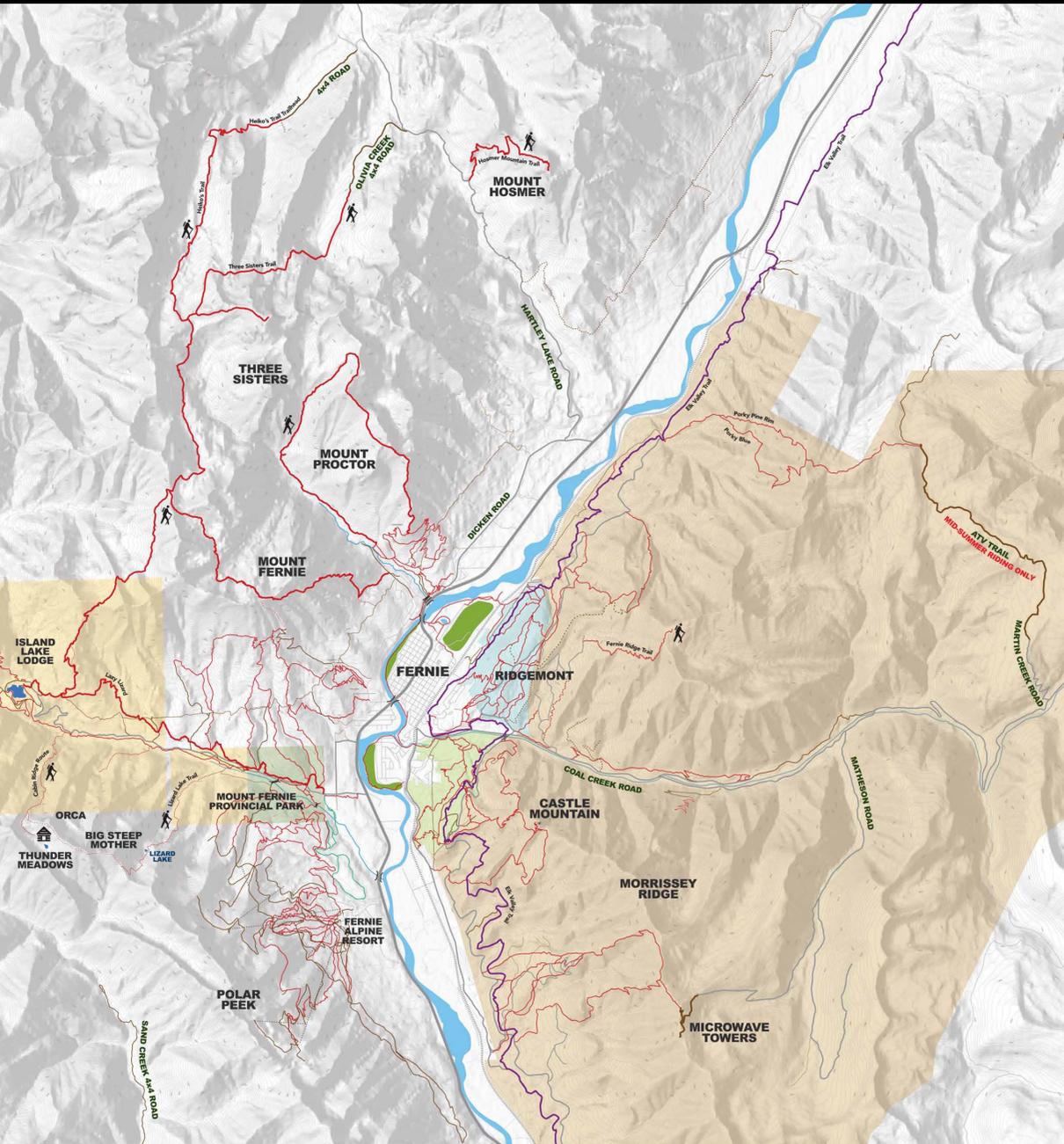
### Recommended Rides

There are so many options once you're on Mt. Fernie or the Provincial Park based on your time and ability.

Short on time but want a challenge? Head up **Phat Bastard** and down **Red Sonya**. Want to extend that ride? From the top of **Phat Bastard** continue up and over **Mushroom Head** and down **Dem Bones**. Once at the Provincial Park Road, continue right until you hit **Gorby** bridge. From there, take **Gorby** to **Old Goat**, continue on **Happy Gilmar** and stay left to complete the loop with **Sherwoody**. This is a great choice on a hot, summer day. For those looking for some more challenging downhill, head all the way up **Gorby** to Red Tree Road and take **Verboten** down.

Back on the other side of the park, **Project 9** is a must-do Fernie classic. The uphill to trailhead is a grunt, but the downhill is so worth it, and great fun for the intermediate to expert rider.

# Fernie Trails Overview



# Fernie Alpine Resort



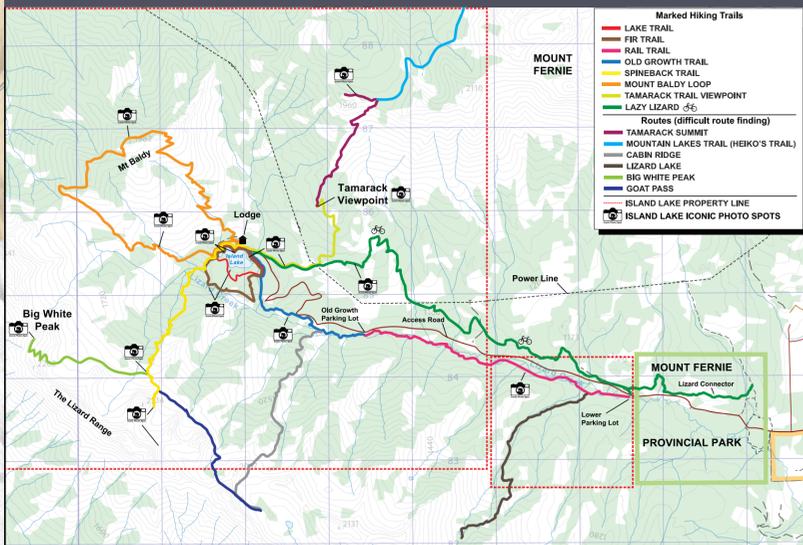
Fernie Alpine Resort offers lift access in the summer months with 37 mountain biking trails and a variety of hiking trails. Trail maps are available at Guest Services.



## Island Lake Lodge



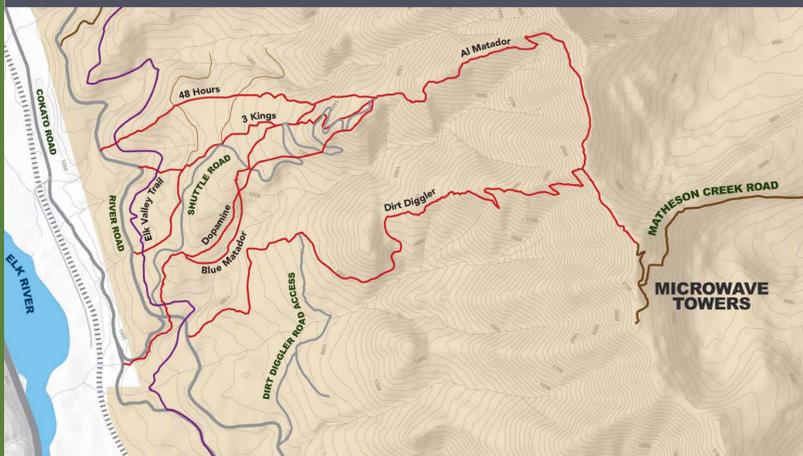
**DIFFICULTY RATING:** Various terrain from family-friendly to more challenging. Island Lake Lodge is open to the public in the summer time. Please note that it is private property and trails are non-motorized.



## Morrissey Ridge Trails



**DIFFICULTY RATING:** Very Difficult / Extremely Difficult



# Fernie Trails

Most of Fernie's trails are multi-use unless marked otherwise. All trails are non-motorized.

## CASTLE MOUNTAIN

- Lower Uprooted
- Uprooted
- Roots
- Montane
- Hyper Extension
- Resurrection
- Hyper Ventilation
- Castle Rocks
- South Castle
- Southern Comfort

## MORRISSEY RIDGE

- Al Matador
- Dirt Diggler
- Three Kings
- 48 Hrs
- Dopamine
- Blue Matador

## RIDGEMONT

- Cemetery By-Pass
- What's Up Doc
- Sidewinder
- Kiddy Up
- Queen V
- Eco Terrorist
- Broken Derailleur
- R-Trail
- Deadfall
- Ich Bin Sofa
- Oh Dear
- EVT / Coal Discovery Trail
- Big Trouble Little Chain Ring
- Flo Wrkr
- Kush / Kushier / Kushiest / Kushin
- Kid's Stuff
- Splitting Bears
- Hessian
- Eric's Trail
- Split Decision
- Big Money
- Watering Hole
- Bear Chutes
- Porky Pine Rim
- Porky Blue
- Coal Creek Heritage Trail
- Fernie Ridge Trail

## MOUNT PROCTOR

- Cow
- Swine
- Far Side
- Fairy Creek Falls (first bench, hiking only)
- Fairy Creek (second bench, hiking only)

## MOUNT FERNIE PROVINCIAL PARK

- Phat Bastard
- Black Betty
- Red Sonja
- Mushroom Head
- Dem Bones
- Stove Trail
- Lactic Ridge
- Moc-Assassin
- Moccasin
- S-Bomb
- Brokeback
- Hedonism
- Eric's Trip / Mic Mac
- Project 9
- Lazy Lizard
- Gorby Trail
- Snake Bite
- Verboten
- Black Forest
- Megahurtz
- Old Goat
- New Goat
- Happy Gilmar
- Ben Emmet
- Sherwoody
- Purple Monkey Dishwasher

## Difficulty Rating

- Green:** Easy. Most City of Fernie trails are easy and family-friendly. See [www.fernie.ca](http://www.fernie.ca) for map
- Blue:** Intermediate, mostly consistent with technical aspects. Low grade but may contain short steep.
- Black:** Advanced, quite variable and technical with longer steep.
- Double Black:** Extremely advanced, highly variable, very technical and steep.



**TRAIL MAP**

**FERNIE**

Support Fernie's trails at [www.fernietrailsalliance.com](http://www.fernietrailsalliance.com)



**Using Fernie's Trails**  
The Fernie Trails Alliance (FTA) works with outdoor recreation groups, government and private land owners to enhance and maintain the Fernie trail network.

- Through this collaboration, the FTA upholds the following:
- All single-track surrounding Fernie is non-motorized use only.
  - FTA holds land use agreements and insurance for Crown lands, BC Parks, CanWel and other private land owners to maintain the non-motorized trail system.
  - Only maintenance of the trail system is allowed. No new trails will be constructed without written permission from the land owners.

Be respectful and appreciative of the land owners for allowing public access on their land.

- Do not go off the designated trails
- Respect wildlife, make noise and keep dogs leashed
- Motorized vehicles are prohibited
- Avoid using roads when industrial traffic is active

## Fernie Hiking Trails

- Heiko's Trail**  
Distance: 20km (8-12hrs)  
Elevation Gain: 887m  
Difficulty: Very Difficult  
An epic hiking trail with over 20km of ups and downs through stunning alpine meadows and over rocky passes. Starting from the trailhead at Hartley Lake Road and finishing with the Tamarack Trail descent to Island Lake Lodge. Be prepared before heading out on this trail!
- Fernie Ridge Trail**  
Distance: 3.2km  
Elevation Gain: 741m  
Difficulty: Very Difficult  
Access the trail head from Rifle Range Road. You will find beautiful views at the top.

- Mt. Hosmer**  
Distance: 3.5km to peak (2-3hrs)  
Elevation Gain: 910m  
Difficulty: Moderate/Difficult  
Access the trailhead on Hartley Lake Road. This trail has steady, moderate climbs and then becomes more difficult as you come to the smaller peak.
- Fairy Creek Falls**  
Distance: 4km return  
Elevation Gain: 120m  
Difficulty: Easy  
Start at the Visitor's Centre on Hwy 3. The hike to Fairy Creek Falls is family-friendly. No dogs allowed.
- Mt. Proctor Ridge**  
Distance: 12km (9hrs)  
Elevation Gain: 1340m  
Difficulty: Moderate/Difficult/Very Difficult  
This trail can be hiked in sections depending on ability and time. The second bench is a family-friendly, half day hike. Hike entire 20km loop counter clockwise as scrambling up cliffs is easier. It is a full day hike and you must be fully prepared for a long day in the alpine. Dogs on leash required for passing through the grazing area on lower Mt. Proctor.

- Castle Mountain**  
Distance: Approx. 5km (3-5hrs)  
Elevation Gain: 500m (from River Road at Roots trailhead)  
Difficulty: Moderate  
This hike can be accessed in different ways. Hike up through Montane or drive to River Rd for a shorter hike. This is a more challenging family-friendly hike. Expect a steady climb and rewarding views throughout.
- Mt. Fernie**  
Distance: 4km (3-5hrs)  
Elevation Gain: 910m  
Difficulty: Moderate/Difficult  
This is a steep hike, but the views are worth the effort. Turnaround at the bench for an easier hike or climb further to the peak for a challenge.
- Island Lake**  
Beautiful hiking trails for all abilities. See [Island Lake map](http://Island Lake map) for more details.
- Fernie Alpine Resort**  
Lift accessed hiking with spectacular views. See [Fernie Alpine Resort map](http://Fernie Alpine Resort map) for more details.

**TOURISM FERNIE**

Be in the know on everything Fernie.

Lodging - Activities - Events  
Dining - Nightlife

[TOURISMFERNIE.COM](http://TOURISMFERNIE.COM)

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thank you

The Fernie Trails Alliance maintains the trail network with funding and support from grants, memberships, donations, map sales, and the hard work of volunteers.

CARTOGRAPHY: Pat Gilmar / Fernie Trails and Ski Touring Club