

A 2020 NY Times article reported on the importance of growing local in history. "The War Garden of 1918 prevented widespread starvation and became the Victory Garden of 1919." Today, backyard gardens promote sustainability, nutrition, stress relief, community building, and foster an appreciation of the environment.

You are invited to celebrate this timeless tradition. Bring the family to our theatrical\*, historical presentation, a craft for children, garden tour, & tasting.

## **Free and family friendly!**

Sunday, July 30th, 2-4PM Sign-up preferred or drop-in

Call: 207 985-4802, FMI: <u>https://brickstoremuseum.org/calendar/</u> \*featuring Bill Irish (For the Love of Food & Drink)