

<b>TRIP IDEA:</b>	<b>PUFFIN WATCH</b>	Rockland to New Harbor   Midcoast & Islands Region	<b>Maine</b>
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## SEASONAL

### MORNING

Begin your day on historic Main Street in downtown Rockland at **Atlantic Baking Co.** for a cup of locally roasted coffee, artisan baked breads and pastries made from scratch.

Stroll down the block to the **Audubon Project Puffin Visitor Center**. Here you will learn about the efforts to save this beloved Maine seabird.

### AFTERNOON

Pack a picnic and travel to the **Todd Wildlife Sanctuary** in Bremen. The sanctuary has trails, tidal habitats, bird watching, and breathtaking views of Muscongus Bay.

Note: Visitors can also canoe and kayak (must bring your own vessels) to Hog Island, a ¼ mile paddle from the mainland.

End your day with a puffin tour aboard the **Hardy III**. These trips take place in late afternoon through early evening after the adult puffins settle down from the day long ritual of feeding their hungry chicks. The trip out to Eastern Egg Rock has spectacular views of Monhegan Island and the Camden Hills.

NOTE: Reservations must be made in advance at [hardyboat.com](http://hardyboat.com).

### EVENING

Book your stay in New Harbor at **Gosnold Arms** or **Harborside Cottages**.

A faint, light-colored map of the Rockland and New Harbor area serves as a background for the address list. It shows the coastline, major roads, and surrounding islands like Monhegan and Eastern Egg Rock.

**Addresses:**

**Atlantic Baking Co.**  
351 Main St  
Rockland, ME 04841

**Audubon Project Puffin Visitor Center**  
311 Main St  
Rockland, ME 04841

**Todd Wildlife Sanctuary**  
10 Audubon Rd  
Bremen, ME 04551

**Hardy III Cruises**  
132 ME-22  
New Harbor, ME 04554

**Gosnold Arms Inn**  
146 ME-32  
New Harbor, ME 04554

**Harborside Cottages**  
26 Osier Rd  
New Harbor, ME 04554