



# MAINE LAKE AND SEA KAYAKING AND RENTALS

## 2019 Kayaking and SUP Season Information and Schedule

We believe getting people outdoors helps the body and soul. Participation in outdoor activities allows people to commune with nature and relax and recharge in a serene environment. Lake and sea kayaking provides people with a leisure experience, which removes them from the stresses of everyday life and provides an environment for physical strengthening and mental relaxation. Maine Kayak offers half and full day trips on Maine's beautiful and scenic lakes and 2-hour to multi-day trips on Maine's gorgeous rocky coast for all ages and abilities. Maine Kayak rentals allow you to explore on your own and include all necessary equipment.

### MAINE KAYAK SEA KAYAKING DAY TOURS

Maine Kayak's sea kayaking day trips are provided as instructional touring clinics of half and full days, and multi-day specialized tours. Each trip is dedicated to providing the specific skill development needed to enjoy a day on the water and is designed to be flexible to the needs of the customer. Sheltered harbors and deep bays provide a consistent instructional forum and beautiful paddling scenery all season long, from May to October for all ages and abilities in the Pemaquid Point region on beautiful, secluded Johns Bay and scenic, calm Muscongus Bay.



**HALF DAY:** The half-day tours will begin in the morning with a brief introduction to sea kayaks and the equipment involved. Then, you will learn such skills as boat handling, paddle placement and strokes. You will spend 3 to 4 hours exploring the Maine coast. The half-day format is designed to give anyone the opportunity to learn how to kayak, enjoy the Maine coast and be outdoors. Incredible harbor views and on-water snack provided

**FULL DAY:** The full day tours begin with basic kayak maneuvers, similar to the half-day format. This trip is designed to offer the proper skills needed to enjoy a day on the water. We will paddle the morning and take a break for a real Maine lobster lunch. The remainder of the afternoon, we will leisurely paddle around wild rock islands and into abundant wildlife estuaries. Sea kayaking Maine's coast with seals, ospreys, puffins, whales and friends makes life long memories. Come join us!



**TWO BAYS IN TWO DAYS:** Our Two Bays In Two Days trips feature all of the best that Maine has to offer – beautiful and varied ocean paddling conditions, quaint coastal cottage stay and a delicious lobster lunch. We offer a full-day Johns Bay paddle, full-day Muscongus Bay paddle, overnight lodging for 2 nights and full lobster lunch during this two day adventure. The ultimate exploration of the unique paddling experiences of the Midcoast!

## SEA KAYAKING OVERNIGHT CAMPING & INN TO INN TRIPS

Maine Kayak's sea kayaking Overnight Camping and Inn to Inn trips are instructional touring clinics covering two to four days of learning, sightseeing and paddling. Each trip is dedicated to the comfort and safety of its participants and is led within the abilities of the group. Maine Kayak offers our multi-day Island Overnight Camping trip for all ages and all abilities on the uninhabited islands of the Maine Island Trail or take advantage of Maine's gorgeous coastal bed and breakfasts on one of our Inn to Inn trips.

**MAINE ISLAND TRAIL CAMPING OVERNIGHT:** Day One begins with a brief introduction to sea kayaks and equipment and skill development. We will paddle in the morning, take a break for a light seaside lunch, and paddle out to one of the Maine Island Trail's uninhabited islands to set up camp. An optional sunset paddle precedes a hearty coastal dinner. The evening will be spent enjoying the sights and sounds of the Maine coast by moonlight and being lulled to sleep by buoy bells under the stars. Wake to fresh blueberry pancakes and French pressed coffee. Enjoy a leisurely paddle around sheltered bays and beautiful ledges. We cap the trip off with a real Maine lobster lunch. All meals and equipment included.

**FAMILY CAMPING OVERNIGHT:** Same as our Maine Island Trail Camping Overnight trip but more suited to younger paddlers with shorter, more relaxed adventures and a kid-friendly menu including S'mores.



**TWO-DAY INN TO INN TRIP:** This trip takes advantage of the beauty three different harbors and the comforts of a quaint coastal inn. Day One begins with a brief introduction to sea kayaking and skills development. We will explore ledges and coves and take a break for a light seaside lunch before continuing to the inn in Boothbay. Enjoy a hearty oceanfront dinner on your own before retiring to a private room. Watch the sunrise on open porch and enjoy fresh fruits, baked goods and coffee before hitting the water to explore the Damariscotta River and Johns Bay on Day Two. Breakfast, lunch and all equipment included.

**FOUR-DAY INN TO INN TRIP:** This trip begins the same as our two-day trip. We will spend Day Two exploring Linekin Bay and Boothbay Harbor. Stop at a secluded beach for lunch before proceeding to the inn on Boothbay Harbor. Enjoy a well-deserved dinner on your own in town before retiring to a comfy bed. After breakfast, Day Three is spent exploring the islands of the Maine Island Trail before heading back to the inn at Boothbay. The

evening will be spent soaking in the ocean breezes. Take in the view of the bay with its moored boats and scattering of lobster buoys after a full coastal dinner on your own. Wake to a delicious breakfast and coffee before heading off to explore the islands, coves and ledges of Johns Bay and Pemaquid Harbor on Day Four. Breakfast, lunch and all equipment included.

## SEA KAYAKING 2 HOUR NATURALIST TOURS

Maine Kayak's 2-Hour Naturalist Tours are the perfect introduction to paddling for anyone looking to get out on the water and explore the beauty of the Maine coastline in a laid-back setting.

**SUNSET PADDLE:** Our Sunset Paddle provides individuals with the opportunity to enjoy a calm evening on the water, taking in the wondrous colors of the sky reflected in the ocean as the sun sets in the harbor. Trips meet at 6:00, 6:30 or 7:00 pm (depending on the time of year) and are weather dependent.

**WILDLIFE PADDLE:** This trip focuses on the incredible variety of birds, fish and mammals present in the Gulf of Maine. A perfect combination of a calm relaxing paddle with exciting discoveries. See eagles, osprey, seals, porpoises, and other glorious wildlife. Trip includes your own binoculars, chart, and ocean bird and wildlife identification guide. Morning (9:00 am) and afternoon (2:00 pm) trips available.

## KAYAK AND STAND UP PADDLE BOARD RENTALS WITH MAINE KAYAK

Maine Kayak Rentals are offered from Colonial Pemaquid State Park on Pemaquid Point and include free admission to the Park. We have a wide variety of rental kayaks available – singles and tandems – and Stand Up Paddle Boards (SUP) suitable for beginner to moderate paddle board skill sets. Your rental includes all necessary equipment (splash top, life jacket, wetsuit, paddle, etc), nautical charts and safety equipment. Enjoy calm tidal waters from our Pemaquid Harbor launch. Delivery within a 5 mile radius (including Biscay Pond/Bristol Mills) is available at no additional charge. Or take it with you (we provide car carrier system and straps). Two-Hour, Half Days, Full Days and Multi-Day rental available – 30% discount for multiple days!

## MAINE KAYAK LAKE TOURS

Maine Kayak provides relaxing Half and Full Day kayak tours on some of Maine's most picturesque lakes in the beautiful and scenic Pemaquid Point Region. Come enjoy a relaxing day on the water exploring stunning shorelines and wild-life rich wetlands. No experience needed. Perfect for children and families.

**HALF DAY:** The half-day trip will begin with a review basic skills and safety issues to ensure safe and proper boating form - skills you can take home with you to enjoy kayaking on your own. We will be on the water learning and sight seeing for approximately four hours. The focus of the day will be to explore Maine's beautiful inland waters while having a fun and safe paddle.

**FULL DAY:** The full day trip will begin similar to the half-day trip. In the morning, we will briefly cover the proper way of paddling a kayak and safety and rescue techniques. In the afternoon, we will have a full picnic lunch while enjoying the lake views and abundant wildlife. The afternoon will be spent leisurely lake paddling along the scenic Biscay Pond or Pemaquid Pond shoreline. The full day trip can be custom tailored to your group's needs and goals.



## SEA KAYAK INSTRUCTION CLINICS

The Basic 1 and 2 Clinics are focuses on all the essentials to get you on the water safely and knowledgeably. Both clinics are offered as half-day progressive instructional forums and cover kayak construction, equipment, paddling strokes, braces and sculling, wet exits, boat balance, rescue skills, trip planning and kayak navigation. We provide all of the kayaking equipment, personal paddling gear, and ACA Certified Instructors.

## SEA KAYAK SPECIALTY TRIPS AND INSTRUCTION

Maine Kayak offers periodic Specialty Trips and Clinics like our Moonlight Paddle and our Maine Guide Course. Call our friendly office staff today to learn more about these unique offerings!

## MAINE LAKE AND SEA KAYAKING TOURS

- Lake Touring Trips Offered as Half and Full Days.
- Sea Kayaking Trips Offered as 2 Hour, Half Day, Full Day, and Overnight Options – Island Camping and Inn to Inn Trips.
- Sea Kayaking Instructional Clinics Offered in 4 Hour Format.
- Kayak and SUP Rentals are Available as 2 Hours, Half Day, and Full Days and Weekly – 30% Off Rentals of 3 or More Days. Free Local Delivery.
- No Experience Necessary on All Sea Kayaking and Lake Kayaking Tours and Beginner Whitewater Clinics.
- Meals Provided - Lunch Provided on Full Day Lake Touring Trips. Lobster Lunch provided on Full Day Sea Kayaking Trips, except Youth Trips. All Meals Provided on Overnight Island Camping Trips. Breakfast and Lunch provided on Inn to Inn Trips (varied dinner options available to explore on your own).
- Minimum Group Sizes - Minimum Group Size of 2 Required for Inn to Inn Trips; or Join an Existing Scheduled Trip. Minimum Group Size of 3 for Full Day and Island Camping Trips; or Join an Existing Scheduled Trip. Minimum Group Size of 4 for Half Day, Sunset and Wildlife Trips; or Join an Existing Scheduled Trip.
- Minimum Ages - Sea Kayaking Minimum Age = 16 Years Old, 10 Years Old if Accompanied By Parent (Tandem Kayak) for Half-Day and Family Island Camping Overnight Trips. Lake Touring and Naturalist Minimum Age = 16 Years Old, 5 Years if Accompanied By Parent (Tandem Kayak)
- Top of The Line Sea Kayaks and Paddle Boards and Equipment Provided. For Overnight Camping Trips, All Tenting Equipment Provided Including Sleeping Bags, Pads, etc. Upon Request.
- Certified Maine Recreation and Sea Kayak Guides on Every Trip.

## 2019 LAKE AND SEA KAYAKING - SCHEDULE AND PRICING

### TRIP SCHEDULE:

Reservations are made on a first come, first served basis. Please call our friendly office staff today to book your trip or for more information about your options.

### RENTAL PRICING:

KAYAKS	2 Hours	Half Day	Full Day	Weekly
<i>Single Recreational Kayak</i>	\$30	\$35	\$50	\$245
<i>Tandem Recreational Kayak</i>	\$40	\$45	\$60	\$294
<b>SUP BOARDS</b>	\$30	\$35	\$50	\$245

Rentals include all paddling gear and equipment. Add \$10 for touring kayak (limited availability). Choose to launch from our put-in, have it delivered, or use one of our car carrying kits. Free delivery within a 5-mile radius, \$15 flat rate delivery to local Pemaquid Point communities, 0.75/mile for delivery beyond 10 miles. 30% discount for kayak rentals of 3 or more days.

### TRIP PRICING:

LAKE KAYAKING	Half Day	Full Day	SEA KAYAKING	Half Day	Full Day	Sunset	Wildlife
<i>Per Person</i>	\$69	\$109	<i>Per Person</i>	\$69	\$129	\$49	\$49

SEA KAYAKING	Island Camping	2-day Inn to Inn	4-day Inn to Inn	Basic 1/ Basic 2	2 Bays In 2 Days
<i>ALL SEASON</i>	\$349	\$449-\$529	\$1199-\$1400	\$80	\$369

Off peak season pricing – May 1 to June 30 and September 1 to October 20. Peak season pricing - July 1 though August 31.

**Check out our web site – [www.maine kayak.com](http://www.maine kayak.com)**

**E-mail us at [info@mainekayak.com](mailto:info@mainekayak.com) or**

**CALL TOLL FREE – 1-(866)-Maine Kayak – 1-(866)-624-6352**