

TRIP IDEA:	LIGHTHOUSE	Damariscotta and Pemaquid Midcoast & Islands Region	Maine
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SPRING THROUGH FALL

Start the day in historic downtown Damariscotta with a hearty breakfast at **S. Fernald's Country Store**.

Explore **Pemaquid Point Light** and Pemaquid Beach. Edward Hopper painted here. Artists continue to be inspired by the stunning beauty of Pemaquid, visit the **Pemaquid Art Gallery**.

Paddle with **Maine Kayak** on Muscongus Bay. They offer several half and full day trips, some that provide sheltered paddling and a classic seaside Maine lobster lunch. Pure bliss.

Check in to historic **Hotel Pemaquid** within walking distance of the Pemaquid Lighthouse.

Local Tips:

Have you ever seen a fish **Ladder**?

Check out this beautifully restored 200 year-old ladder and learn about how fish make their ascent through the mills!

What's a shell midden?

Follow the trail at **Whaleback Shell Midden** to find out.

Pssst, and while you're there, treat yourself to yummy ice cream at **Round Top Ice Cream**, right up the hill!

Fun and local shopping at **The Good Supply** and **Granite Hill Store**.

