



THE SPA AT WHITEFISH LAKE
MENU OF SERVICES



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THE SPA AT WHITEFISH LAKE

The Spa at Whitefish Lake offers an array of day spa services including Naturopathica massage, body treatments, and products; Vita Liberata airbrush tanning; waxing, manicures, pedicures, and custom facials. Enjoy individual services as well as couple's treatments, spa parties, and group events.

Unwind in our Relaxation Lounge, overlooking Whitefish Lake. Included in your treatment are complimentary Naturopathica teas, fruit-infused water, spa bites prepared by the Boat Club culinary team, access to our co-ed steam room, rainshower, Lakefront pool and hot tub, and a personalized consultation from our professional therapists and aestheticians.

FACIAL TREATMENTS

PURE RESULTS FACIAL

Experience dramatic results with this skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our Plant Stem Cell Booster Serum which is clinically proven to improve the appearance of fine lines and wrinkles, radiance, smoothness and firmness.

VITAMIN C15 BRIGHTENING FACIAL

This treatment reverses the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. Featuring our breakthrough daily 15% Vitamin C serum that helps firm, brighten and dramatically reduce the appearance of wrinkles.

WRINKLE REPAIR TREATMENT FACIAL

A reparative, regenerating and corrective treatment that combats the signs of aging. Active ingredients Argan Plant Stem Cells, Matrixyl[®] synthe'6[®] and a Tri-Retinol blend work together to help reduce fine lines and wrinkles while improving skin tone and firmness.

CLARIFYING FACIAL

Improve skin clarity, reduce blemishes and soothe inflammation with a powerful blend of exfoliating Pumpkin Enzymes and Moss Extract for deeper cleansing. Anti-inflammatory Alpine Willow and Rosemary promote healing and control sebum for balanced, clear skin.

For appointments call 406.863.4050 | Dial extension #4050 | spa@lodgeatwhitefishlake.com



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FACIAL TREATMENTS

MOISTURE DRENCH FACIAL

Nature's cure for thirsty, moisture-deprived skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial Soothing Hibiscus Enzyme Peel smooths and calms stressed skin. A nourishing facial massage utilizing the Gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements. Ideal for high altitudes, extreme weather and desert climates.

SOOTHE & RESTORE FACIAL

This healing and restorative facial is ideal for sensitized or rosacea-prone skin. Designed to calm inflammation and redness, this facial features regenerating Sweet Lupine and Calendula, as well as the hydrating and soothing Aloe Replenishing Gel Mask to provide immediate relief for irritated skin.

BIO-ENERGY LIFT REMINERALIZING FACIAL

This luxurious treatment delivers instant skin rejuvenation by accelerating cellular respiration, bringing fatigued, overstressed skin back to life. Skin becomes renewed with the energize and firm collection: a blend of copper and amino acid complex, peptides, vitamins and minerals to firm, lift and revitalize the skin.

MEN'S REBALANCING FACIAL

Customized for men's skin care needs, this balancing facial effectively renews skin tone and texture while helping to soothe and restore devitalized, sun-damaged or razor-burned skin.

FACIAL ENHANCEMENTS

Enhance any facial with one or more of these additions.

15% AHA & VITAMIN C INFUSION

This high-potency skin rejuvenation treatment helps visibly refine the skin, stimulate collagen, brighten the complexion and dramatically reduce the appearance of fine lines and wrinkles, revealing a luminous complexion.

EYE CONTOUR TREATMENT

This intensive treatment is designed to reduce puffiness, under eye discoloration and the appearance of fine lines and wrinkles.

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MASSAGE THERAPY TREATMENTS : WISE CONCOCTIONS

ALPINE ARNICA DEEP TISSUE MASSAGE

This intensive treatment relaxes sore muscles and stiff joints with Russian massage techniques and the best pain relievers from nature's pharmacy: Arnica, Sweet Birch and Magnesium.

BLUE EUCALYPTUS ENERGIZING MASSAGE

This holistic treatment combats adrenal fatigue caused by our modern 24/7 lifestyle. The session begins with a steaming Blue Eucalyptus inhalation to enhance immunity and is followed by a vigorous deep tissue massage with Ginger Root oil to rebalance the adrenal system.

RIVERSTONE THERAPY

Each Riverstone therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body. During the treatment the therapist will incorporate a customized massage with the use of hot stones which offers enhanced benefits.

PRENATAL MASSAGE

Designed just for mom's-to-be, our Prenatal Massage can help to relieve back pain, improve sleep, and boost mood, as well as decrease stress.

**available after first trimester.*

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MASSAGE THERAPY TREATMENTS : HERBAL MESSAGES

BALANCE HERBAL MASSAGE

An herbal massage that eases muscle tension and grounds the mind with invigorating Lemongrass and soothing Ginger.

REST HERBAL MASSAGE

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and soothe an over-stressed nervous system.

RENEW HERBAL MASSAGE

This stimulating massage encourages circulation and relieves muscle soreness and stiff joints while energizing the senses.

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BODY ENHANCEMENTS

Enrich any massage, scrub, or wrap with one or more of these additions.

WILD LIME SCALP TREATMENT

This energizing scalp treatment is designed to promote relaxation, ease muscle aches and soothe stress. Aromatic Wild Lime Revitalizing Scalp & Hair Oil is warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

ALPINE ARNICA MUSCLE REPAIR

Utilizing the best of nature's pharmacy—Arnica, Sweet Birch and Magnesium—this intensive enhancement is designed to help soothe sore muscles, tendons and stiff joints.

AROMATHERAPY WARM PARAFFIN TREATMENT

Personalized portions of single use PerfectSense Nourishment+ combine maximum hydration with potent, age-defying antioxidants. Revolutionizing the paraffin industry with the addition of Swiss apple stem cell, a proven ingredient for age-reducing support, this premier paraffin complex helps maintain optimal skin health through regular hydration, nourishment, and protection.

MIGHTY MINT FEET RETREAT

An uplifting Rosemary Citron Sea Salt Scrub begins this revitalizing foot and lower leg treatment designed to invigorate the whole body. Calves and feet are massaged with energizing Peppermint and stimulating Horse Chestnut to enhance circulation. Feet are then cocooned in stimulating, aromatic steamed towels that awaken the senses from head to toe.

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BODY CARE TREATMENTS : BODY SCRUBS

ESPRESSO MUD BODY SCRUB

This deeply detoxifying scrub is carefully crafted to cleanse and replenish the skin. A rich mud scrub combines the sweet, earthy notes of Indian Tobacco and Sarsaparilla with volcanic Pumice and Coffee Arabica to exfoliate the skin and help draw out impurities. Following the scrub, the body is enveloped in an application of Sicilian Bergamot Body Lotion.

BODY CARE TREATMENTS : BODY WRAPS

LEMON VERBENA HYDRATING BODY TREATMENT

A two-step polishing and hydrating wrap, this body treatment leaves skin radiant and deeply nourished. Bright citrus notes of Lemon Verbena and gentle buffing grains are blended with Aloe Vera, Oat Protein and Shea Butter to soften the skin and ease the discomfort of dryness. Following the scrub, the body is drenched in a soothing and smoothing treatment to promote deep hydration.

SEAWEED BODY TREATMENT

A nutrient-rich treatment blended with potent herbal extracts and essential oils to help hydrate and restore skin tone and vitality. Provides excellent results and can be easily removed with warm, moist towels—no shower needed.

VITA LIBERATA AIRBRUSH LUXURY TAN

For a healthy alternative to a summer glow, Vita Liberata is offered as a completely natural alternative to sun exposure and self-tanning.

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NAIL CARE / ENHANCEMENTS

SIGNATURE MANICURE & PEDICURE COMBO

Rooted in traditional herbal remedies, this highly reparative manicure and pedicure begins with an aromatic soak of Sweet Birch to soothe and soften the skin, followed by an uplifting Rosemary Citron Sea Salt Scrub to polish well-worked hands and feet. A nutrient-rich Seaweed gel is applied and wrapped in warm towels for deep repair and intense hydration. To finish, select either a Lemon Verbena cream rich with Omega-3 to nourish and protect skin or the Mighty Mint Rescue Cream to restore healthy circulation. Nail and cuticle care follow.

SIGNATURE MANICURE

SIGNATURE PEDICURE

EXPRESS MANICURE

EXPRESS PEDICURE

GENTLEMAN'S MANICURE

GENTLEMAN'S PEDICURE

GEL POLISH CHANGE

Supplement any manicure or pedicure with one of the following additions:

FRENCH MANICURE

GEL POLISH APPLICATION

GEL POLISH REMOVAL

MONTANA CABANA EXPERIENCE

Each summer, the Spa offers guests the opportunity to immerse themselves in extraordinary Montana beauty and decompress with a Swedish or Deep Tissue Massage in our outdoor Spa Cabana. Treatment includes your choice of Coco La Vie product for your massage and leisurely enjoyment of complimentary champagne and spa treat after your treatment. Enjoy your massage and view of Whitefish Lake alone or with someone special.

ADDITIONAL SERVICES

Waxing, Sugaring, Special Occasion Hair and Makeup Services are available. Please call The Spa for details and pricing information.

POLICIES

Appointments canceled within 24 hours will be billed 50% of the listed service price. Please arrive 15 minutes prior to your appointment. The Spa at Whitefish Lake welcomes clients age 16 years and older. For your convenience, an 18% gratuity will be added to all services.

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