



THE FRENCH MARKET CRÊPERIE



Authentic French Crêpes and European Gifts * Estb. 2008

526 South Gay Street. Knoxville, TN 37902 (865)-540-4372

MON & TUES 9 am to 3 pm WED & THURS 9 am to 8 pm FRI & SAT 9 am to 10 pm SUNDAY 10 am to 3 pm

Visit us @ www.thefrenchmarketknoxville.com

SAVORY CRÊPES Served on either Traditional (white) or a Buckwheat crêpe, (your choice) - all flour imported from France

- ❖ Cheese – Imported Swiss & Gruyere Cheese ...on a Traditional Crêpe \$5.50
- ❖ Three Cheese – Imported Swiss & Gruyere Cheese plus Cheddar Cheese ...on a Traditional Crêpe \$5.75
- ❖ Ham & Cheese – Imported Ham with Swiss Cheese ... on a Traditional Crêpe ... or, choose American Cheddar... \$6.95
(Try it on Buckwheat with little butter) or ...with a fried egg on top, a Parisian favorite (add \$1.50)
- ❖ Turkey & Cheese – Whole Turkey Breast with Swiss Cheese...on a Traditional Crêpe \$6.95
- ❖ Vegetarian & Cheese - Imported Swiss Cheese, fresh baby Spinach, Roma Tomatoes and marinated Artichokes Hearts ...on a Buckwheat Crêpe \$6.95
- ❖ Sautéed Mushroom & Cheese – Sautéed in Burgundy, Garlic & Olive Oil with Swiss Cheese...on a Traditional Crêpe \$6.95
- ❖ Goat Cheese & Walnuts – Creamy and rich...on a Buckwheat Crêpe, a delicious combination straight from Paris! \$7.50
- ❖ Roast Beef & Cheddar Cheese ...on a Traditional Crêpe, the American way! \$7.95
- ❖ Turkey, Spinach; Artichoke & Cheese - A delicious combination you must try! ...on a Traditional Crêpe \$8.50
- ❖ Vegetarian Deluxe – Same as the regular veggie with fresh Avocado and Feta or Goat Cheese ... on a Buckwheat Crêpe \$8.50
- ❖ The Vegan – The Veggie Deluxe with Hummus instead of cheese ... on a Buckwheat Crêpe \$8.50
- ❖ Roast Beef & Swiss –with Tomato, Spinach and Red Onion and our own Horseradish sauce ...on a Traditional Crêpe \$8.95
- ❖ Smoked Salmon - Imported Salmon with Cream Cheese, Capers & Red Onions with Lemon ...on a Traditional Crêpe \$9.50

Add: Marinated Artichoke Hearts - Fresh Spinach - Onions (raw or caramelized) - Roma Tomatoes - Avocado - Capers - Sautéed Mushrooms \$1.00

Bacon or an Egg \$1.50 - X-tra Ham or Turkey \$1.95 - Roast Beef \$2.25 - Hummus \$1.00 - Crumbled Feta or - Goat Cheese \$1.50

SWEET CRÊPES Served on a Traditional crêpe (Buckwheat upon request)

- ❖ Plain Crêpe \$3.50
- ❖ Sugar or Sugar & Butter \$3.95
- ❖ Chocolate or Caramel \$3.95
- ❖ Cinnamon & Sugar ...w/ Butter Strawberry Jam w/ Butter or Real Maple Syrup w/ Butter \$4.50
- ❖ Lemon & Sugar - Freshly squeezed lemon...always a favorite! \$4.95
- ❖ Nutella – Hazelnut mixed with Chocolate, a European tradition! \$4.95
- ❖ Chestnut Cream – Imported French Chestnut Butter with Vanilla, topped with Whipped Cream \$4.95
- ❖ Bavarian Cream – Vanilla Custard folded inside a warm crêpe with Dark Chocolate, Wafers and Whipped Cream \$4.95
- ❖ Cherry Cheesecake - Sweet Cherries, our homemade Ricotta- Cream Cheese mix, Graham Crackers & Whipped Cream \$6.50
- ❖ Blueberries with Lemon Curd - a fantastic combination of flavors, with Whipped Cream \$6.50
- ❖ Strawberries & Cream - Fresh Berries w/ our homemade Ricotta- Cream Cheese mix, Whipped Cream & Almonds \$6.95
- ❖ Crêpe Suzette- The Classic French Crêpe – 1 oz Grand Marnier Orange Cognac with Sugar, Caramel & Whipped Cream \$7.95

**** SORRY, WE DO NOT SPLIT SWEET CREPES! ****

Add to any Sweet Crepe.... a whole Banana \$1.00 or Fresh Strawberries \$1.50

BAGUETTE SANDWICH Crunchy French baguettes, we baked them fresh daily

- ❖ Imported Ham, or All Natural Turkey Breast with provolone cheese, mayonnaise, romaine and tomato \$6.95
- ❖ All Natural Roast Beef, Swiss cheese, red onion, romaine, tomato & horseradish sauce \$7.95
- ❖ BAGUETTE a la MAISON Imported brie cheese with apple slices, honey, fresh baby greens with balsamic vinaigrette \$7.95

CROISSANT SANDWICH Golden, hot and flakey, this is the best croissant in town!

- ❖ Stuffed with homemade Chicken Salad or Tuna Salad* with romaine lettuce. \$6.25
- ❖ With Imported Ham or Turkey, mayonnaise, lettuce, tomato and provolone cheese \$6.50
- ❖ With Roast Beef, horseradish sauce, Swiss cheese, lettuce, tomato and red onion \$7.50

SALAD Served on a bed of fresh baby spinach

- ❖ Side salad – With Feta cheese, tomatoes, red onions with a side of balsamic vinaigrette Small \$2.50 Large \$4.95
- ❖ Lunch Salad - With chicken salad or tuna salad* (*not available during winter months) \$6.95



Petit de'jeuner (BREAKFAST MENU)



Breakfast served until 11 am Monday thru Friday and Saturday's until 12 pm and Sunday's until close

BREAKFAST CRÊPES

Served on either Traditional or Buckwheat crêpe, (your choice)

- ❖ Real Maple Syrup w/ Butter -or- Strawberry Jam w/Butter -or- Cinnamon Sugar w/ Butter (add a banana \$1.00) \$4.50
- ❖ Two- Scrambled Eggs & Cheese \$6.50
- ❖ Two- Scrambled Eggs & Cheese with fresh spinach and tomatoes (your choice of Swiss or Cheddar cheese) \$6.95
- ❖ Bacon or Sausage and Scramble Egg with melted cheese (add fresh spinach & tomato \$1.00) \$6.95
- ❖ Ham and Scrambled Egg with melted cheese (add fresh spinach & tomato \$1.00) \$7.95
- ❖ Smoked Salmon with cream cheese... capers, red onion and lemon on the side (Imported Norwegian Salmon) \$9.50

OMELETTES & OTHER ITEMS

- ❖ Two Egg Omelette with melted cheese (your choice of Swiss or Cheddar Cheese) \$4.50
- ❖ Two Egg Omelette with melted cheese and fresh spinach & tomato (your choice of Swiss or Cheddar cheese) \$5.50
- ❖ Two Egg Omelette with melted cheese and Bacon or Sausage \$5.95 with Imported Ham \$5.95
- ❖ Two Egg & Salmon Omelette with cream cheese (Imported Norwegian Smoked Salmon) \$7.95
- Add: Feta or Goat Cheese \$1.50 ea or Tomatoes, Spinach, Capers, Red or Caramelized Onions, Artichoke Hearts, Sautéed Mushrooms \$1.00 ea
- Add: Side of Bacon, or Sausage \$1.50 ea or Side of Ham \$1.95 or An Egg, cooked your way \$1.50 ea
- ❖ Side of 100% Real Vermont Maple Syrup \$.75
- ❖ Croissant Sandwich with a scrambled Egg & Provolone Cheese \$3.95 with Bacon or Sausage \$4.95 with Ham \$5.50
- ❖ Plain Croissant \$2.25 with butter - add \$0.50 or strawberry jam - add \$0.50
- ❖ Whole Baguette \$2.95 with butter - add \$0.50
- ❖ Pain au Chocolate (Yes, these are the real thing, imported from France & we baked fresh daily) \$2.75
- ❖ Seasonal Fresh Fruit \$2.95 Grapefruit Cup \$2.50 Mott's Applesauce \$1.50

BEVERAGES

- ❖ Coke, Diet Coke, Sprite, Sprite Zero, or Crystal Springs Water \$1.25
- ❖ IBC Rootbeer \$1.95
- ❖ Perrier® (natural sparkling water from France) \$1.95
- ❖ San Pellegrino® (carbonated mineral water from Italy) Small \$1.95 750 Liter \$3.50
- ❖ Orangina® (Orange and Lemon, lightly carbonated, the largest selling soft drink in France!) \$2.25
- ❖ IZZY® All Natural Sparkling Fruit Juices - - Blackberry, Blueberry Pink Grapefruit or Pomegranate \$2.25
- ❖ Fresh Brewed Louisianan® Iced Tea Sweet or Unsweetened or Harney & Son's Fruit Tea Free refills! \$1.95
- ❖ Hot Tea - Harney & Son's® (Earl Grey, Hot Cinnamon, Paris Black, Ceylon Black Decaf, Organic English Breakfast, Japanese Sencha Green) \$1.95
- ❖ Tropicana® Orange Juice, Apple Juice \$1.50

COFFEE

LAVAZZA®

The world's best selling espresso!

- ❖ Espresso Rich and velvety with a perfect crema \$1.50
- ❖ Latte Double shot of espresso with steamed milk (Hot or Iced) \$2.95
- ❖ Cappuccino Double shot of espresso, 1/3 steamed milk, 1/3 milk froth \$2.95
- ❖ Americano The European answer for American coffee using a tall double shot of espresso \$2.95
- ❖ Additional shot \$.75 or Monin® Flavored Syrups \$.75
- ❖ Café Au Lait Lavazza Dark Roast Coffee with steamed milk \$2.50
- ❖ House Coffee Lavazza Dark Roast Drip (Hot or Iced) Free refills! \$1.95
- ❖ Chai Latte TAZO® CHAI TEA - Spiced black tea with steamed milk (Hot or Iced) \$2.95

PREMIUM BEERS & CIDERS

FYI...crêpes and cider go great together!

- Heineken - Peroni - Stella Artois - Pilsner Urquell - Blue Moon - Hard Core Cider \$4
- Weihenstephan - Fisher Amber - Kronenbourg 1664 - Fullers ESB \$5 Samuel Smith Taddy Porter \$6
- Samuel Smith Organic Cider \$9 Samuel Smith IPA \$9 Lambic - Frambois or Pomme \$10

